Menopause and Overactive Bladder in the Female Patient

Menopause (Dr. Gamache)

- To review the significance of menopausal symptoms on the lives of midlife women
- To understand the current place of MHT and counsel women appropriately
- To evaluate the risks and benefits of MHT and prescribe in the appropriate patient
- To review the scientific rationale for the development of a new class of MHT, known as Tissue Selective Estrogen Complex (TSEC), as well as the safety, efficacy, and tolerability of TSEC therapy

Overactive Bladder Management (Dr. Spencer)

- Review the normal changes of aging that contribute to increased rates of urinary incontinence in older women.
- Discuss the medical factors that contribute to urinary incontinence in older women, including comorbidities and medications.
- Discuss evidence-based non-pharmacological and pharmacological treatments in older women with urinary incontinence.

Speakers:

Nathalie Gamache, MSc, MD, FRCPS(C)

Dr. Gamache is a gynecologist who completed a fellowship in menopause in 2005. She specializes in menopause and hormone therapy, sexuality, premenstrual syndrome, premature ovarian failure and cancer survivorship.

Martha Spencer, MD, FRCSC

Dr. Spencer is an internist and geriatrician at St. Paul's Hospital. She has a special interest in the management of urinary and fecal incontinence in older adults and founded the SPH Continence Clinic in 2017.

Date: Wednesday, October 30th, 2019

6:30PM Registration

7:00-8:00 PM Presentations and Dinner

Location: La Terraza

(1088 Cambie Street, Vancouver)

RSVP: text 778-903-6120 or email Lorraine.sim@pfizer.com

