Dr. Jasmine C. Lam, BSc MD CCFP
Dr. Amanda Lau, MD CCFP



Dr. Heywood Choi, BSc MD FRCPC
Dr. Mark Fok, MD FRCPC BSc(Pharm) AHPR
Dr. Benny Lau, MD FRCPC
Dr. Christopher Nguan, MD FRCSC

Specialists available at Oakridge Centre Timely and Convenient Access

Endocrinology

Dr. Heywood Choi was born in Hong Kong. He attended the University of British Columbia for his Bachelor of Science degree in Biochemistry. He graduated from medical school at UBC (2008). He then completed his residency training in Internal Medicine at UBC (2008-2011). This was followed by a fellowship in Endocrinology and Metabolism at UBC (2011-2013), where he completed research in thyroid disorders. He is fluent in Cantonese and has been actively involved in providing education to patients with diabetes through initiatives with the Canadian Diabetes Association and the Canadian Chinese Medical Society. He is currently staff endocrinologist at Abbotsford Regional Hospital.

Cantonese speaking dietician and injection nurse is also available at the office to help support your patients with diabetic needs.

Internal Medicine and Cardiology

Dr. Benny Lau grew up in Vancouver, BC and received his Bachelor of Science in Pharmacy as well as his Doctor of Medicine degrees from the University of British Columbia. He went onto complete his specialist training in Internal Medicine at the University of British Columbia and is currently finishing his subspecialty training in Cardiology. He is also fluent in Cantonese.

Geriatriatrician

Dr. Mark Fok is a specialist in Internal Medicine and subspecialist in Geriatric Medicine. He graduated from the UBC Internal Medicine Program and subsequently completed two years of fellowship at the UBC Geriatric Medicine program, where he served as chief resident of both programs. His interests include drug therapy in the elderly, medication appropriateness, osteoporosis, dementia and patient safety & quality.

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Urology

Chris is a full time academic Urologist based at Vancouver General Hospital in Vancouver, BC. He has been in practice since 2006 and has a subspecialty focus on Renal Transplantation and Advanced Minimally Invasive / Robotic Surgery. He is currently the Surgical Director of the VGH Renal Transplant program and Director the Surgical Technologies Experimental Laboratory (STELLAR) facility at VGH where he conducts research into developing innovative technical adjuncts for optimizing surgical outcomes. Dr Nguan's practice is wide ranging and includes GU Oncology, stones, urinary obstruction, BPH/LUTS, GU infection and inflammatory states and most general urology areas. As well, Dr Nguan works in a group of 9 subspecialty Urologists at VGH and can direct referrals to the appropriate colleague as required for consultation or followup.

PLEASE FAX ALL REFERRALS TO 604-261-2687.