

Apr 2010



## President's Letter

Dear CCMSBC members,

Greetings to all CCMSBC members! Do you know 2010 is CCMSBC 25<sup>th</sup> Anniversary? Hence, all of you must join together to celebrate this year special CCMSBC 25<sup>th</sup> Anniversary AGM and Gala. This year Gala will be held on May 15, 2010 at Four Seasons Hotel in Vancouver. The organizing committee has been putting a lot of effort to make this year Gala special. You can obtain tickets from any board members or email me at [urbain.ip@fraserhealth.ca](mailto:urbain.ip@fraserhealth.ca). I look forward to celebrating the Gala with all of you.

Since the last newsletter in October 2009, we had our Chinese New Year Party of the Tiger on March 6, 2010. The party was exciting with lots of fun games designed by Dr. Paul Chin and of course everyone received their lucky red pockets. I like to thank Dr. Paul Chin, Dr. June Lin and Dr. Mervin Lee their hard work making the event successful.

As you all know from my last letter, CCMSBC has launched a pilot Student Mentorship project. The pilot project evaluation will be done end of this year and we will be able to know if the program is successful or not. At the mean time, we would like to recruit those of you who would like to participate as mentors. There are many benefits being a mentor for medical students. While the goal of mentorship is usually focused on promoting the growth and interest of the person being mentored, it would be a mistake to assume the mentor gains nothing from the process. Research in the mentoring literature clearly demonstrates these gains. Having served as a mentor for medical students, residents in Emergency Medicine and junior colleagues, I can personally attest to this. For those who want to know more about the "Arts and Science" of Mentorship and perhaps want to participate in our pilot program, I urge you to give me an email so we can have a more in-depth discussion on the topic.

The annual Health Fair which is co-sponsored by CCMSBC, CCDSBC, BC Transplant and SUCCESS will once again take place at Bonsor Recreation Complex in Burnaby, on Sept 18, 2010. The theme this year will be "The Top Ten Killers". I anticipate again a very successful fair this year because of the very hard working committee members. I am sure we will have another record breaking attendance this year.

In conclusion, I would like to once again invite you to visit the Society website ( [www.ccmsbc.com](http://www.ccmsbc.com) ). All up coming events hosted by CCMSBC are posted in the website. I look forward to serving the Society and you in the second year of my presidency.

Dr. Urbain Ip



## CCMSBC Chinese New Year Party

CCMSBC proudly hosted our annual Chinese New Year Celebration Party on March 6th, 2010 at Victoria Chinese Restaurant. We have almost 110 participants for the event. The party was started with the traditional Chinese Lion dance performed by UBC Kung Fu Club. Everybody was encouraged and participated in the new year greetings. There were fortune telling for the year of Ox. Afterwards, there were games after wonderful meals and everyone got the lucky red pockets. We are looking forward to your participation next year.

Submitted by  
Dr. Paul Chin



### CCMSBC AGM Dinner and Dance Gala

Our CCMSBC 25th Anniversary Dinner and Dance Gala will be taken place on May 15th, 2010 (Saturday) at Four Seasons Hotel Vancouver (Cocktail Reception started at 6:00pM). AGM will be taken place immediately before the reception. Tickets can be brought from our board directors or email [urbain.ip@fraserhealth.ca](mailto:urbain.ip@fraserhealth.ca).

Our Society has launched the website ([www.ccmsbc.com](http://www.ccmsbc.com)). This is our commitment to improve communication and information sharing for our members as well as introduction of our society to the public. All our members are encouraged to visit our website. In order to log on the members only section: our username is **ccmsbc** and the password is **vancouver**.

Please submit articles or correspondence for the next newsletter to

The Editor, CCMS(BC) Newsletter  
Attn: Dr. Paul Chin

Specialized Geriatric Clinic  
Victoria Heights  
232 Ross Drive  
New Westminster, B.C. V3L 0B2

Or e-mail to [paulchin@doctor.com](mailto:paulchin@doctor.com)

## CCMSBC Medical Student Mentorship

Last year a medical student from the University of British Columbia noticed the shortcomings of the mentorship program held by the Faculty of Medicine to introduce students early on in their career to medical professionals in their fields of interest. Every participating physician was randomly matched to approximately a dozen medical students and efforts were made to hold events where they can meet. Due to the students' and physicians' busy schedules, these events were few and far in between. The program was too big and the participating physicians were too few to accommodate every student's request. Students felt they were not able to have the personal relationship they wanted with their mentors and that their inquiries were unanswered. The idea of having our very own CCMS Mentorship Program was proposed to remediate this problem and a year later today the program has finally come to fruition.

Six CCMS physician members, Drs. Urbain Ip, Edmond Chan, Paul Chin, Raymond Tong, Thomas Wong, and Elinda Ho volunteered their time to mentor two students each from the first and second year classes at UBC. Twelve lucky student members were selected and their specialties of interest were matched to physicians with corresponding specialties. On November 23, 2009, the mentors and mentees met for the first time in a casual dinner at Victoria Chinese Restaurant where they exchanged contact information and their thoughts and expectations on their medical careers. Dr. Edmond Chan of Pediatrics shared his trade secret on balancing life with family and work. Students were intrigued by Dr. Urbain Ip's astonishing experiences at the emergency department. Several weeks after that night, many students returned to reconnect with their mentors at the Annual CCMS Christmas Celebration at the University Golf Club on December 6, 2009. The feedback from the students was overwhelmingly positive and many have expressed interest in repeating the mentorship again next year. Some students have already made commitments to meet their mentors in a private setting such as at the Grouse Grind or at their practices where the mentees could shadow and learn from them.

The mentorship program is one of CCMS' many efforts to fulfill the society's mandate: To foster fellowship among the Chinese Canadian physicians of BC. With the mentorship program, we hope that the Chinese medical student members will have a better understanding of the medical profession and that they follow in the footsteps of their mentors to become responsible and well respected physicians. We hope all the best to the mentors and mentees in their future endeavors.

Submitted by

Mr. Andy Lo

## Career Night

CCMSBC proudly hosted its biannual Career Night on March 8th, 2010 at the Medical Students and Alumni Center (MSAC). Six physician speakers and sixty medical students attended the event. We would like to thank the following physicians for taking time out of their busy schedule to speak at the event: Dr. Stephen Chung, Dr. Eric Yoshida, Dr. John Jue, Dr. Peter Chan, Dr. Tony Wong and Dr. Thomas Wong.

Submitted by

Dr. June Lin

# Chinese Canadian Medical Society (B.C.) Membership



- Full \$100 (2 years—January 1,2010 - December 31,2011)  
 Associate \$100 (2 years—January 1,2010 - December 31,2011)  
 Life \$500  
 Student/Resident - Free

Name \_\_\_\_\_

Office Address \_\_\_\_\_  
\_\_\_\_\_

Office Tel: ( )-\_\_\_\_\_ Office Fax: ( )-\_\_\_\_\_

E-mail: \_\_\_\_\_

Home Address: \_\_\_\_\_  
(optional) \_\_\_\_\_

Home Tel: ( )- \_\_\_\_\_

Mailing Address ( check one )     Office     Home

## Academic

Family Practice: \_\_\_\_\_

Obstetrics/Special Interest: (pls specify ): \_\_\_\_\_

Specialty: \_\_\_\_\_

Degree: \_\_\_\_\_

Medical School: \_\_\_\_\_

Year of Graduation: \_\_\_\_\_

Postgraduate: \_\_\_\_\_

Affiliated Hospitals: \_\_\_\_\_

## Social

Language: \_\_\_\_\_

Hobbies: \_\_\_\_\_

Interest in CCMSBC committee  
 Interest in giving lectures

Please make cheque payable to CCMS and return with the completed cheque to:

Dr. Thomas Wong  
#2180 Aberdeen Center  
4151 Hazelbridge Way  
Richmond B.C. V6X 4J7

Ph: 604-233-0068 Fax: 604-233-0078