



Aug 2008

## President's Letter

Dear CCMSBC members:

**1. The main purpose of this newsletter is to announce the completion of our new web site! Please log onto it at this new URL: [www.ccmsbc.com](http://www.ccmsbc.com) Please note that the new web site ends in “.com” instead of “.ca”. For now, you can use the following for the Members area (logon information will change): User-name=ccmsbc, Password=vancouver.**

**2. We would also like all CCMSBC members to please provide us with your most recent e-mail address, by sending us a brief message in the “Contact Us” section of the new web site. Our goal is to be as environmentally friendly as possible in the future, eventually transitioning to e-mail for future newsletters and CME invitations.**

I am very happy that we have a new web site, which will serve as a foundation for keeping our society strong. I hope that it will improve communication amongst current members. Additionally, I hope it will help to attract new members. Please let all your colleagues and friends know about our new web site.

I am honoured to serve as CCMSBC President for a second consecutive year (2008-09). The first year of my Presidency was a great learning experience for me. I would like to give a sincere thank you to all the members of the Board of Directors, who have been such a pleasure to work with. I would like to also thank all CCMSBC members for their continued support of our society.

Since the last newsletter in February 2008, we had our annual Chinese New Year party on Feb 23, which was very well attended by many CCMSBC members. Thank you to Dr. Binh Nguyen and Dr. Paul Chin for their hard work in organizing the event, which was a lot of fun. On March 25, I sent out a special message about BC Pharmacare expanding coverage of medications for Hepatitis B patients, made possible through our collaboration with the BC Hepatitis program (with Dr. Eric Yoshida and Dr. Peter Kwan) and SUCCESS. We continue to participate in initiatives to educate physicians about current updates in Hepatitis B diagnosis and management. Two overseas CME tours were completed in the spring, through Dr. Howard Liang and Dr. Raymond Tong.

Our biggest event, the AGM Annual Dinner and Dance, took place on May 24 at Fairmont Waterfront Hotel, and was a resounding success. There were many distinguished guests in attendance, and the food plus entertainment were top notch. Many thanks to Dr. Urbain Ip, Dr. Thomas Wong, and Karen Cheng for all their hard work in making the event possible. We were even able to raise about \$15,000 for the China Earthquake Relief Fund.

Our next major event will be the annual Health Fair, which will take place on August 24 at Bonsor Recreation Complex in Burnaby. This is an exciting change of venue for the Health Fair, and we continue to collaborate with SUCCESS in planning for the event. The BC Transplant society, plus mayor and city council of Burnaby are providing support for this year's Health Fair. The theme this year is transplantation, and I would like to thank all the speakers, sponsors, and volunteers who will be participating. Thank you to Dr. Jen Yu and Dr. Elinda Ho for recruiting speakers and sponsors. In September, Dr. Jeanny Wong will mentor medical students about the many merits of a career in family medicine. We are hoping that this will become a regular CCMSBC event. Soon, we will also be planning the Cantonese workshop for UBC medical students, which will take place in early 2009.

In summary, it has been very rewarding to be a part of all of the accomplishments of the past year. None of them would have been possible without the teamwork and efforts of our Board and our members. I look forward to the coming year and the prospect of further achievements for our society.

Sincerely,  
Edmond S. Chan



Our Society has just launched the new website ([www.ccmsbc.com](http://www.ccmsbc.com)). This is our commitment to improve communication and information sharing for our members as well as introduction of our society to the public. All our members are encouraged to visit our website. In order to log on the members only section:our user-name is **ccmsbc** and the password is **vancouver**.



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## CCMS GALA 2008 REPORT

Our CCMS Gala 2008 which was held on May 24, 2008 was no doubt a successful event. There were a total of 239 guests. As the Co-chair of this year's Gala, I would like to sincerely express my thanks to Dr. Thomas Wong. I, being the novice, thank Dr. Thomas Wong, who was a great help in guiding the processes which led to the success of this event. I must also mention the tremendous effort that Karen Cheng, our executive assistant, had invested in assisting me throughout the deliberation and execution of our planning. Last but not least, I thank all the executive members who helped in the selling of tickets.

We have successfully obtained a total of pledges for the China Earthquake Relief Fund of \$14,760.00 .

Dr. Urbain Ip  
Co-chair, 2008 Gala Committee



## Welcome to New Board 2008-2009

President : Dr. Edmond Chan

Vice- President : Dr. Urbain Ip

Board Directors : Dr. Thomas Wong, Dr. Howard Liang, Dr. Raymond Tong, Dr. Paul Chin, Dr. Jessica Chan, Dr. Hin Hin Ko, Dr. Jen Yu, Dr. Binh Nguyen, Dr. Jian Ye, Dr. Stephanie Au, Ms Winnie Fu, Ms June Lin, Mr. Henry Tran

March 2008 Middle East CME tour.

This spring, we traveled to the Near and Middle East and were able to see two of the World Wonders and many UNESCO heritage sites in one trip! We first arrived at Ankara, the capital city of Turkey. It is filled with history and cultures from the bronze-aged Hatti civilization to the Ottoman Empire and to the modern day Turkish national hero, Mustafa Atatürk.

Then we journeyed to Cappadocia, where we did our morning hot air balloon to have a bird eye view of the amazing landscape. The 'fairy chimney'-like rock formation is the most famous scene in this area. We also learned about the underground cities and churches where the early Christians lived.

On the way to the seaside city of Antalya, we passed through Konya, which is the birth place of the mystic Whirling Dervishes of the Mevlevi Order. Antalya is a resort town on the Mediterranean coast. It was a major city in the Byzantine Empire time with its old port and the Hıdırlık Tower built in Hellenistic era against the Turks.

A major highlight is the UNESCO World Heritage Site, Pamukkale, meaning "cotton castle" in Turkish. You must see it to appreciate the meaning of the words. The pure whitish calcium deposit from the hot springs formed layers of sculpture-like natural castles.

The ancient roman cities of Aphrodisias and Ephesus are well known for their temples from Greek and Roman times. Being physicians, we cannot miss the chance to visit Pergamum, the birth place of Claudius Galen. We also paid a visit to the Asklepion, a famed ancient medical center built in honour of Asklepios, the god of healing. It was also the world's first psychiatric hospital.

Finally the trip in Turkey ended in Istanbul, the cross road between Europe and Asia. The best attractions included the St. Sophia Cathedral, one of the finalists of the World Wonders, and the Bosphorus straight boat ride, cruising between Europe and Asia.



Jordan is our next destination. Jerash, north of Amman, is probably the largest and best preserved ruins of a Greco-Roman city. The experience of floating on the Dead Sea is without doubt a lifetime experience. The grand highlight is obviously the visit to Petra, the unanimous World Wonder. While we were attracted by the magnificent craftsmanship, with influence from Greek, Egyptian and Syrian civilizations, we also learned about the water irrigation systems that kept the city thriving thousands of years ago.

We crossed the less familiar border Allenby bridge over the Jordan river to Jericho in the West Bank. This border was heavily and securely guarded, as it is the only entrance for Palestinian to Jordan. The historical and biblical tour of Jerusalem and Bethlehem taught us a lot about Christianity, Judaism and Islam. We could only have a superficial understanding about the complicated political situations there, the different types of Palestinian citizenships in Israel and why this area is so important to various religions.

Speaking of faiths and religions, we had a series of teaching sessions on “How different faiths and cultures impact on health and medical practice” during the tour. They focused on the impact of various cultural backgrounds on health care and how these situations should be handled. This trip also let us comprehend different believes in different cultures.

Trivia: Do you know why you are NOT supposed to clap hands at the end of a Whirling Dervish Sema? Find out the answer from one of our members.

Submitted by

Howard Liang

### 19 days CME tour to South Africa in Spring 2009

We are organizing a 19 days South African trip in 2009. The trip will be in Spring 2009. It will cover Cape Town, the Garden route, Zululand (Durban and St. Lucia), Swaziland, Panorama Route of Blyde River Canyon, and Victoria Falls. You will be able to see the best of South Africa and one of the World's Natural Wonder, the Victoria Falls in one trip.

If you are interested in the tour and want to join us for the trip, please contact Dr Howard Liang at 604-323-2982 ASAP as space is limited.

Report of the Membership Committee

1. WELCOME NEW MEMBERS.....

We would like to extend a warm welcome to the following colleagues who have recently become members of CCMS (BC):

Life Members:

- Dr. Jessica Chan (Family Physician)
- Dr. Mervin Lee (Internal Medicine)
- Dr. William Lee (Family Physician)
- Dr. Boon Wong (Family Physician)
- Dr. Joseph Wong (Anaesthesiology)
- Dr. Huan Zhou (retired physician)

Active Members:

Dr. Xin-Yong Wang (Family Medicine)

2. MEMBERSHIP RENEWAL

**Just a reminder for all ACTIVE, ASSOCIATE, RESIDENT & STUDENT members - your 2006 and 2007 biannual membership has now expired!!  
Please renew you 2008 and 2009 membership NOW .**

3. E-MAIL ADDRESSES

Your Society is trying to become more efficient and environmentally responsible. If you would like to receive future Newsletters and Notices by electronic format, please ensure that we have your up-to-date e-mail addresses.

Dr. Thomas Wong  
Membership Committee Chair

## Mark The Date

Our Annual Health Fair will be held on Aug 25th, 2008 (Sunday) at Bonsor Recreation Complex, Burnaby ( 6650 Bonsor Avenue, Burnaby BC V5H 2C8). We have a new venue this year as our attempt to reach out to a new population group . The theme of this year Health Fair is “ Project Give Life” with emphasis about transplantation. Attach with this issue is the pamphlet about the details of the Health Fair include the various speakers . This event is an important opportunity of our society to reach out to the public and we should encourage our patients and friends to attend.

### Chinese Canadian Medical Society (B.C.) Scholarship

The CCMS Foundation has contributed its assets of about \$33000 to form a scholarship endowment, in the name of the Society. This scholarship will be awarded to an M.D. student who has demonstrated an interest in and an aptitude for medical practice in rural communities. The award is made on the recommendation of the Faculty of Medicine, with preference for a student in the second year of the M.D. Program.

It has already passed through the UBC council. The first award should be given out for the year 2008-2009. Together with our existing two scholarships: Dr. Jay C. Cheng Memorial Prize in Psychiatry and Dr. Jay C. Cheng Memorial Scholarship, we now have 3 scholarships administered by U.B.C. We hope to continue the legacy of providing assistance to our bright young talents to proceed into a successful career in helping and caring for the people of British Columbia.

Howard Liang

Please submit articles or correspondence for the next newsletter to

The Editor, CCMS(BC) Newsletter  
Attn: Dr. Paul Chin

Specialized Geriatric Clinic  
Victoria Heights  
232 Ross Drive  
New Westminster, B.C. V3L 0B2

Or e-mail to paulchin@doctor.com



## Chinese Canadian Medical Society (B.C.) Membership



Full \$100 (2 years—January 1,2008 - December 31,2009)  
 Associate \$100 (2 years—January 1,2008 - December 31,2009)  
 Life \$500  
 Student/Resident - Free

Name \_\_\_\_\_  
Office Address \_\_\_\_\_  
Office Tel: ( )-\_\_\_\_\_ Office Fax: ( )- \_\_\_\_\_  
E-mail: \_\_\_\_\_  
Home Address: \_\_\_\_\_  
(optional) \_\_\_\_\_  
Home Tel: ( )- \_\_\_\_\_  
Mailing Address ( check one)     Office             Home

Academic  
Family Practice: \_\_\_\_\_  
Obstetrics/Special Interest: (pls specify ): \_\_\_\_\_  
Specialty: \_\_\_\_\_  
Degree: \_\_\_\_\_  
Medical School: \_\_\_\_\_  
Year of Graduation: \_\_\_\_\_  
Postgraduate: \_\_\_\_\_  
Affiliated Hospitals: \_\_\_\_\_

Social  
Language: \_\_\_\_\_  
Hobbies: \_\_\_\_\_  
 Interest in CCMS committee  
 Interest in giving lectures/ radio talk

Please make cheque payable to CCMS and return with the completed cheque to:  
  
Dr. Thomas Wong  
#2180 Aberdeen Center  
4151 Hazelbridge Way  
Richmond B.C. V6X 4J7  
  
Ph: 604-233-0068 Fax: 604-233-0078