December 1, 2012

#### **Dear CCMSBC Members,**

With holiday season coming, it is my sincere hope that this letter finds you in good health and spirit. The year has been very kind and a memorable one to me and my family. I hope you feel the same.

CCMSBC has seen a steady growth with your hard work and moral support. With physician's busy schedules, our members have been volunteering



their time to our society and especially the Chinese community. We have been carrying out our mandate to promote health awareness in the community and advocate the health concerns of Chinese Canadians.

Health Fair 2012, themed Your Health and the Environment, attracted about 2,000 participants. We ventured a new venue in Vancouver and the fundraising was extremely successful. iCON UBC featured health forum named "Understand Stroke" is one of the most popular events. Our bilingual website http://healthfairbc.com has effectively promoted the Health Fair.

We have been organizing more and more CMEs this year. The lectures have been in good quality and popular among our members thanks to the hard work of our board members and contributing sponsors.

Our medical student mentorship program has received great feed-back. The latest survey from the mentees have been very positive. We encourage our members who wish to participate in the program to contact our board members. With the effort of our enthusiastic student board members, our next Chinese workshop for medical students has been scheduled early next year.

In the new year, we will continue to foster fellowship among Chinese Canadian physicians and carry out our tradition at CCMSBC.

I would like to extend our warm Christmas and New Year greetings to our members and their families, all over the province. Your courage, determination, hard work and relentless desire to fulfill our objectives has brought us this far.

Merry Christmas and Happy New Year!

With warmest wishes from

Jen Yu, MD, FRCPC President, CCMSBC

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### **CCMSBC Scholarship**



### **News from Members:**

Relocation of Practice for Dr. Anthony Cheung
Dr. Anthony Cheung relocated his practice at the end of
2011. Please go to our Members Section for full details.
His practice is in IVF, Fertility & Reproductive Medicine.
Grace Fertility Centre, 210 - 604 W. Broadway, Vancouver, BC, V5Z 1G1. 604-558-4886.

# Locum needed for the months of February and March 2013 in Metrotown clinic

Excellent remuneration and Oscar EMR. Please call Dr. Eddie Wong @ 778 688 6277 or email eddiewlwong@hotmail.com

#### **Looking for Associate**

Join Dr. Eng in a well established family practice with very steady patient base in historical Chinatown. 523 Main Street, Vancouver, BC, V6A 2V1. 604-683-5230

## Health Fair 2012

#### **Health and the Environment**

September 30, 2012

Our annual health fair took place on September 30, 2012 at the Jewish Community Centre in Vancouver. Other main organizers for the health fair were S.U.C.C.E.S.S. and the Chinese Canadian Dental Society of BC. iCON, (intercultural online health network) joined as a main organizer for the first time this year. BC Transplant Society was a supporting organizer again. The fair was well attended by over 1000 participants this year. Dignitaries from 3 levels of government were in attendance for the opening ceremony and toured the fair. This year's theme was: Health and the Environment. Attendees gained



knowledge on many common health concerns and the environmental factors that contribute to these concerns. The physicians and dentists who volunteered their time preparing and giving these talks were Drs. Simon Yu, Simon Huang, Ian Tsang, Linda Li, Christopher Chung, Chris Man, Hin Hin Ko, Edmond Chan, Jian Ye, Phoebe Tsang, Xin Yong Wang, Rachel Jen, Joanne Jia, Jenny Wang, and Jen Yu.

iCON held an interactive afternoon health forum where a packed auditorium eagerly learned about risk factors, prevention, diagnosis, treatment, recovery, and self management of strokes. Through the journey of a



stroke patient, a panel of health experts answered questions about healthy eating, exercise, diagnosis, medications, and lifestyle management. The speakers included Drs. Kendall Ho, Thomas Ho, Samuel Yip, and Kent Ling, Jo Jo Wang, Barbara Ho, Bernard Lee, and Wendy Ling. This presentation was simulcast in Mandarin and Chinese. It will be available online in the future to patients who were unable to physically attend this time.

A variety of health screenings were also provided to the public. Countless hours

provided by many other volunteers made this fair run seamlessly. As always we are grateful to the many generous sponsors who make this fair possible.

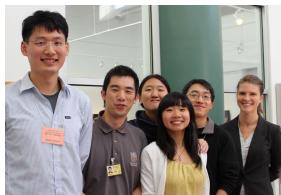
Special thanks to Jay Zhao and Dr. Jen Yu for creating a beautiful website to promote this fair <a href="http://healthfairbc.com">http://healthfairbc.com</a>



















### CME

# Chronic Hepatitis B Update: What Should We Be Doing Dr. Edward Tam | June 26, 2012



On June 26, 2012, Dr. Edward Tam presented a CME at Sun Sui Wah: "Chronic Hepatitis B Update: What Should We Be Doing"

Dr. Tam is an internist who completed a fellowship in Clinical Hepatology at the University of Manitoba. His specific areas of interest include viral hepatitis and non-alcoholic fatty liver disease. He is the medical director at the Liver and Intestinal Research Centre in Vancouver. Besides his full time hepatology practice, Dr. Tam is active in clinical trials research and medical education.

Dr. Tam reviewed the natural history and etiology of chronic hepatitis B. He jogged our memory by going over some basic science. Screening, monitoring, treatment options, including recent advancements, were discussed. This was an important CME as most, if not all, CCMS(BC) members deal with chronic Hepatitis B in our daily practice. Dr. Tam graciously answered many questions well after his talk. In addition we enjoyed an excellent meal.

Many thanks to Gilead for sponsoring this educational event.

**Dr. Elinda Ho** *Moderator* 

## CME

# Incretin Therapies: How, Where, Why, What & Who? Dr. Alice Cheng | October 9, 2012



On October 9, 2012, Dr. Alice Cheng presented an accredited CME at Cecil Green Park House:

"Incretin Therapies: How, Where, Why, What & Who?"

Dr. Cheng is an endocrinologist from Ontario. She practices at Credit Valley Hospital in Mississauga and St. Michael's Hospital in Toronto. She has served on the Expert Committee for the 2003 Canadian Diabetes Association clinical practice guidelines and the Steering and Expert Committees for the 2008 revision, along with the Dissemination & Implementation committee. She will be the Chair for the 2013 CDA clinical practice guidelines.

She reviewed how incretin therapies work, the clinical utility of the two classes of incretin agents and their modes of action, where they fit in the treatment continuum, their efficacy and safety data, when and how they should be incorporated, what the effects are on glycemic control, and how to choose the ideal patients for incretin therapies.

Attendees participated in some friendly before and after quizzes that Dr. Cheng put together. The picturesque views from this venue was an added bonus.

Many thanks to Novo Nordisk for sponsoring this educational event.

**Dr. Elinda Ho** *Moderator* 

# Chinese Canadian Medical Society (B.C.)

### APPLICATION FOR C.C.M.S.(B.C.) SCHOLARSHIP

(open for family members of CCMS(BC) members only)

Name of Applicant: (Please Print)	S.I.N.:
Birth Date:	Sex:
Current Address:	Phone:
Mailing Address:	Phone:
CCMS (BC) Sponsor:	
Length of Membership:	
EDUCATION RECORD: (Use additional sheets for n Secondary Education	more space, if necessary) Year
Post-Secondary Institution (1)	Year
(2)	Year
Current Program Enrolled:	
Extracurricular Interests/Awards:	

RETURN THE COMPLETED APPLICATION TO CCMSBC (c/o Dr. Jen Yu, Suite 126-555 W.12<sup>th</sup> Ave, Vancouver, BC, V5Z 3X7) ALONG WITH THE FOLLOWING:

- 1. Transcript of academic record for the past year.
- 2. Reference letters from two unrelated individuals.
- 3. Brief account of yourself and why you should be the recipient of the scholarship (maximum 2 typed double-spaced pages).

Deadline for application each year = March 1