



May 2009

## President's Letter

Dear CCMSBC members:

Greetings to all CCMSBC members! This is my last President's letter to you. My two year term as President will come to a close this month on May 23, at our Annual dinner. It has been a privilege and honor to serve as your President. I wish our next President Dr. Urbain Ip all the best as he begins his presidency.

Regarding the May 23 Annual dinner, I would like to strongly encourage all CCMSBC members to attend it. This year, there is a change of venue, to the Four Seasons hotel in Vancouver. This is the biggest event of the year for the CCMSBC, and a lot of hard work from several of our board members goes into arranging it. This year, Dr. Urbain Ip, Dr. Thomas Wong, and Dr. Albert Chan have been putting many hours into setting up the event, and we need as many of you and your spouses to attend as possible. Please approach any of the board members for tickets. Alternately, you can "Contact Us" for tickets using our web site ([www.ccmsbc.com](http://www.ccmsbc.com)).

Since the last newsletter in January 2009, we had our Chinese New Year party on Feb 22. It was again a fun evening for CCMSBC members and their families. We had a Chinese dinner, lion dance, and plenty of games. Thank you to Dr. Jian Ye and Dr. Paul Chin for their hard work in arranging the party.

Dr. Jeanny Wong has continued to give evening learning sessions to UBC medical students who are CCMSBC members at the Medical Student & Alumni Centre, with the most recent sessions on Jan 15 and March 24. These sessions have focused on why family medicine is an excellent career choice, providing valuable information to students about what the job is all about. I would like to thank Dr. Wong for taking the time to help medical students plan their careers.

The next evening CME for CCMSBC members will be on May 26 (Cases in Dermatology). Please go to our web site under "EVENTS" for further details. Dr. Howard Liang organized a CME tour of South Africa Feb 25 to March 13, which was a success. Recently, we decided on the recipients of the CCMSBC scholarship. Please read about them in this newsletter.

The annual Health Fair will take place for a second year in a row at Bonsor Recreation Complex in Burnaby, on Sept 27, 2009. The theme this year will be infectious diseases.

Thank you in advance to all the volunteer speakers, and thank you especially to Dr. Jen Yu and Dr. Elinda Ho for being on the Health Fair committee again. This large event continues to be a successful collaboration between CCMSBC, SUCCESS, and the CCDS (Chinese Canadian Dental Society of BC).

In conclusion, I would like to once again thank the board of directors for their hard work during my two years as President. As I look back on the past two years, I am happy that we have been able to create a new web site for the CCMSBC, with up to date information. Please check it often. I am also happy that we continue to think of new ways to interact with and teach medical students, and that we will be recognizing distinguished CCMSBC members on a yearly basis starting at the 2009 Annual dinner. As with any society, it will be important to continue to think of ways of attracting new members. I hope you will all continue to encourage young physicians and students to join our society.

Sincerely,  
Edmond S. Chan



Our Society has just launched the new website ([www.ccmsbc.com](http://www.ccmsbc.com)). This is our commitment to improve communication and information sharing for our members as well as introduction of our society to the public. All our members are encouraged to visit our website. In order to log on the members only section:our username is **ccmsbc** and the password is **vancouver**.

Please submit articles or correspondence for the next newsletter to

The Editor, CCMS(BC) Newsletter  
Attn: Dr. Paul Chin

Specialized Geriatric Clinic  
Victoria Heights  
232 Ross Drive  
New Westminister, B.C. V3L 0B2

Or e-mail to [paulchin@doctor.com](mailto:paulchin@doctor.com)

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## **Health Fair 2009 Uptodate**

This year's the health fair will be held on ***Sunday, Sept 27, 2009.*** at **Bonsor Recreation Complex**, (6550 Bonsor Avenue, Burnaby).

The theme of this year is Infectious Diseases.

A group of renowned physicians have been invited as speakers. They are family physician, pediatrician, internist, podiatrist, respiralologist, gynecologist, ENT specialist and ID specialist.

There will be interesting topics about infectious diseases in a variety of disciplines: pediatric vaccinations, diabetic infections, tuberculosis, hepatitis B, MRSA, STD, and more.

We are aiming to provide general knowledge of common infections diseases, and especially some emerging medical issues required urgent attention.

It continued to be a collaborative effort with SUCCESS and other major organizations.

Please join us to attend and support Health Fair 2009.

Jen Yu, MD, FRCPC  
Organizing Committee, Health Fair

### **Moving Notice**

We are pleased to inform you that we will be moving to a larger and more convenient premise as the below address in late March 2009

Please kindly change your record accordingly:

**CROSS ROADS OBSTETRICS & GYNAECOLOGY**  
3rd Level, 507 West Broadway, Vancouver, British Columbia, Canada, V5Z 1E6  
T 604.708.0788 F 604.708.0748 M 604.889.5129 [www.crossroadsobgyn.ca](http://www.crossroadsobgyn.ca)

We are the new home to Cross Roads Obstetrics & Gynaecology, Open Door Midwifery, Cross Roads Bladder Health, Female Incontinence and Prolapse Clinic, Pacific Centre for Reproductive Medicine, Vancouver Site, Cross Roads Fetal Assessment and 3-D Ultrasound

We are partners with CR+ Cross Roads Clinics Vancouver, Cross Roads Pediatrics, Cross Roads Naturopathic Medicine and Cross Roads Physiotherapy & Massage in one location and are very excited on what we can offer to our patients.

Henry L. Woo, MD, FRCSC  
Clinical Assistant Professor, University of British Columbia  
Obstetrics & Gynaecology, Minimally Invasive Surgery  
Female Incontinence & Prolapse Surgery

## 2009 South Africa and Victoria Falls CME

The small group medical conference trip to South Africa and Victoria Falls was an exciting experience.

It started in Cape Town, the upbeat city of Southern Africa. First stop was the famous Table Mountain, which was covered by the aptly called "Table Cloth" of overflowing clouds. We went as far as the most southern and western point of the African continent to see the windy Cape Hope. The visit to Groote Schuur Hospital where Dr. Barnard performed the world's first heart transplant in 1967 was certainly appropriate for our trip.

Stellenbosch is an university town and famous for its vineyards, producing the best wines in South Africa. Leaving Stellenbosch, we went along the Garden Route of Western Cape, visiting the resort town of Knysna with its impressive sand-stone Heads guarding the narrow entrance into its lagoon.

Next stop is close encounter with wild lives including Elephants and primates. The Monkeyland is the largest free roaming primate sanctuary where we met the amazing endangered species of "Spectacle Monkey" and the rare Black & White Ruffed lemurs. We also learned about the world's biggest bird at the Ostrich farm and enjoyed a ride on them too.

A short flight brought us to Durban, the largest city in KwaZulu-Natal, the land of Zulus. Visiting the Shakaland provided some experience of how the original Zulu people lived when they ruled this land.

St Lucia Estuary and Wetlands Park is a UNESCO heritage site for various wild lives including many different types of birds, e.g. the Goliath Herons, crocodiles and hippos living together. After a boat ride and a short safari at the oldest and largest private game reserve, we crossed into Swaziland.

Swaziland is a landlocked kingdom populated by Swazi people. The attractions are their Ngwenya glass factory that produces some of the best glass items in the world and the picture perfect Maguga Dam.

One of the highlights is the breathtaking Panorama Route of the Blyde River Canyon. It is the third largest canyon in the world and offers many spectacular views, including the Bourke's Luck Potholes, Three Rondawels and various water falls.

We were invited to visit a rural hospital in the vicinity, the Matibidi District Hospital. The acting Medical Director, Dr. Mogale showed us around explaining how they faced the problems of cholera, HIV and malaria. It was somewhat unexpected that they actually have a very well equipped dental department with 2 chairs.

The best is saved to the last. We flew to Livingstone, Zambia to see one of the Natural Wonders of the World, the Victoria Falls. The timing was just right to see the Falls in full power. It is famous for the towering mist shooting up the sky. That is why the natives called it “the Smoke that thunders”. One will not be able to appreciate its sheer size and the unique natural geological marvel of the zigzag gorges without a view from the air by helicopter.

We had a series of CME during the trip on “Preventive Medicine and Infectious Diseases”. It is most appropriate to discuss these topics in Africa, as these are their biggest challenges. The feedback was very positive, particularly on the broad perspectives and diverse inputs from medical professionals of various backgrounds and the free and open discussion that benefited everyone.

Trivia: Why is the Victoria Falls receding in a zigzag manner?

Submitted by Dr. Howard Liang



CCMSBC AGM, Annual Dinner and Dance Gala will be taken place on *May 23rd, 2009 Saturday*, at *Four Seasons Hotel Vancouver*, 791 West Georgia , Vancouver BC

Ticket price \$120/person

Please contact Dr. Urbain Ip (604-5855530) or Dr. Thomas Wong (604-2330068) or Dr. Albert Chan (604-5203858) for tickets

We are looking forward to seeing you and support our society

You are cordially invited to a dinner presentation entitled:

## *Cases in Dermatology*

*Focus on diagnostic skills*

*Improvement of treatment options*

By

**Richard Thomas MD, FRCPC**

( Dept. of Dermatology & Skin Science, UBC)

Moderator: Howard Liang,MD

When: May 26, 2009 (Tuesday)

Where: Kingford Seafood Restaurant

#200-5890 No.3 Rd

Richmond, BC 604 270 8888

Reception 6:30 pm

Presentation 7:00 pm

Dinner 8:00 pm

Please RSVP: Rick Rodriguez 1-800-589-3383 ext. 6755 or ricardo.rodriguez2@sanofi-aventis.com

Expenses: Meals will be provided to registered health care participants.

**In adherence with Rx&D guidelines, hotel and travel costs will be the sole responsibility of participants.**

# Chinese Canadian Medical Society (B.C.) Membership



Full \$100 (2 years—January 1,2008 - December 31,2009)  
 Associate \$100 (2 years—January 1,2008 - December 31,2009)  
 Life \$500  
 Student/Resident - Free

Name \_\_\_\_\_  
Office Address \_\_\_\_\_  
Office Tel: ( )-\_\_\_\_\_ Office Fax: ( )- \_\_\_\_\_  
E-mail: \_\_\_\_\_  
Home Address: \_\_\_\_\_  
(optional) \_\_\_\_\_  
Home Tel: ( )- \_\_\_\_\_  
Mailing Address ( check one)     Office     Home

Academic  
Family Practice: \_\_\_\_\_  
Obstetrics/Special Interest: (pls specify ): \_\_\_\_\_  
Specialty: \_\_\_\_\_  
Degree: \_\_\_\_\_  
Medical School: \_\_\_\_\_  
Year of Graduation: \_\_\_\_\_  
Postgraduate: \_\_\_\_\_  
Affiliated Hospitals: \_\_\_\_\_

Social  
Language: \_\_\_\_\_  
Hobbies: \_\_\_\_\_  
 Interest in CCMSBC committee  
 Interest in giving lectures

Please make cheque payable to CCMS and return with the completed cheque to:  
  
Dr. Thomas Wong  
#2180 Aberdeen Center  
4151 Hazelbridge Way  
Richmond B.C. V6X 4J7  
  
Ph: 604-233-0068 Fax: 604-233-0078

## Report of the Membership Committee

### 1. WELCOME NEW MEMBERS.....

We would like to extend a warm welcome to the following colleagues who have recently become members of CCMS (BC):

#### Active Members:

Dr. Kim Chen (Family Physician)  
Dr. Christopher Ngan (Urology)  
Dr. Samuel Yip (Neurology)

#### Student/Resident Members:

Charlena Chan (MD 2010)	Andu Po Cheng Lo (MD 2012)
Ka Wai Angela Chan (MD 2012)	Serena Siow (MD 2012)
Jack Cheng (MD 2012)	Alexander Suen (MD 012)
Dr. Jack Pang-Hao Chiu (Radiology)	Jennifer Tam (MD 2012)
Kelvin Kwan (MD 2012)	Nicole Thong (MD 2012)
Leo Lai (MD 2012)	Diane Wu (MD 2012)
David Leung (MD 2012)	Evelyn Wu (MD 2009)
Iris Liu (MD 2012)	Dr. Joanne Yeung (Pediatrics)

### 2. MEMBERSHIP RENEWAL

**Please renew you 2008 and 2009 membership NOW.**

Dr. Thomas Wong  
Membership Committee Chair

## **2009 CCMSBC Scholarship Recipients**

The CCMSBC Scholarships are awarded to students registered in a post-secondary education program. They must demonstrate academic excellence, and they must have a parent who is a CCMSBC member in good standing.

This year, the recipients are:

Sebastian Ko, currently enrolled at UBC, son of Dr. Simon Ko

Alexandra Law, currently enrolled at Queen's University, daughter of Dr. Francis Law

Many congratulations to Sebastian and Alexandra!