

## President's Letter

April 25, 2014

Dear CCMSBC Members,

This will be my last President's letter to you before my term ends in May this year.

It has been a wonderful experience for me to serve the board and our members. I would like to take this chance to thank you for your support and dedication. I appreciated the opportunity to work with you for the last three years.

I thank the CCMSBC board of directors, a group of dedicated doctors and trainees, for their support and contribution to our society.

CCMSBC has been an active and strong society in these years. We have been continuously running our programs throughout, including the Health Fair, Continuing Medical Education, Chinese workshop, and Medical Student Mentorship Program. We have constantly organized social activities for our members such as the Chinese New Year celebration, the summer outing, and the AGM dinner dance. Our dance party has been one of the best dances in town.

We continue to award scholarships for outstanding medical students and post graduate students, to appraise their excellence. I should especially mention that with the selecting process of CCMSBC Scholarship, I have encountered numerous brilliant students related to our members. We have many reasons to be proud of our next generation.

Our website has been fully updated and is running smoothly. It has many new functions, which will serve the members with better communication, news and events organization. I give my thanks the skilful and hard work by Mr. Jay Zhao, the webmaster behind this change. I invite all our members to visit our website often and participate in blogging and the giving of feedback.

<http://cmsbc.org>

I believe our board of directors has been active and strong. Under the new leadership of Dr. Elinda Ho, our President Elect, the society will work together to continue our mandate and tradition of CCMSBC.

Sincerely,

**Jen Yu**  
MD, PhD  
FRCPC, Internal Medicine  
President, CCMSBC



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## Announcements:

### CCMSBC Scholarship Award

The award is given to family members of CCMSBC members who have demonstrated excellence in academic or non-academic aspects. Here are this year's recipients:

\* Anika Lee, first year, Science, UBC

\* Elizabeth Wong, first year, Law School, UBC

The awards will be presented to the recipients at the Annual Dinner and Dance held in 2014. Please see website for further details. <http://cmsbc.org>

# Membership Committee Report

## Welcome to the following new members:

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<b>Life Member</b>	Dr. Amanda LAU (Family Medicine)
<b>Active Member</b>	Dr. Henry SUNG (Anesthesiology)
<b>Resident Member</b>	Dr. Dimas YUSUF (Internal Medicine) Dr. Jennifer YAM (OB/GYN)

## Website

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Our new and improved website is up and running.  
Please visit [www.ccmsbc.org](http://www.ccmsbc.org) for news and upcoming events.

## E-Mail Addresses

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We are now paperless. **WE NEED YOUR CURRENT CONTACT E-MAIL ADDRESS** in order to keep on touch with you. Please advise our Executive Assistant Miss Karen Cheng via e-mail [kchengccms@gmail.com](mailto:kchengccms@gmail.com) or via the Contact Section in our website of your current e-mail address.

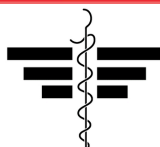
## Membership Drive

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Please renew your membership now!! **WE NEED NEW MEMBERS!!**  
**MEMBERS = STRENGTH**

If you wish to show your support to the society, you may choose to sign up as one of our Life Members.

**Dr. Thomas Wong**  
*Membership Chair*



Chinese Canadian Medical Society (BC)  
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## Chinese Canadian Medical Society (B.C.) Membership Application

Membership Dues: ☐ Active \$100 (2 years—January 1, 2014 - December 31, 2015)  
☐ Associate \$100 (2 years—January 1, 2014 - December 31, 2015)  
☐ Life \$500  
☐ Student/Resident - Complimentary

Name: \_\_\_\_\_  
Office Address: \_\_\_\_\_  
\_\_\_\_\_  
Office Tel: \_\_\_\_\_ Fax: \_\_\_\_\_  
E-mail: \_\_\_\_\_  
Home Address: \_\_\_\_\_  
(Optional) \_\_\_\_\_  
Home Tel: \_\_\_\_\_  
Mailing Address: (check one) ☐ Office ☐ Home

### Academic Profile

☐ Family Practice: Special Interest: \_\_\_\_\_  
New Patients: ☐ Accepted ☐ Not Accepted  
☐ Locum  
☐ Specialty: \_\_\_\_\_  
Degree(s): \_\_\_\_\_  
Medical School: \_\_\_\_\_  
Year of Graduation: \_\_\_\_\_  
Postgraduate: \_\_\_\_\_  
Affiliated Hospitals: \_\_\_\_\_

### Personal Profile

Language: ☐ Cantonese ☐ Mandarin ☐ Others \_\_\_\_\_  
☐ Interest in CCMS (BC) committee work  
☐ Interest in giving lectures / radio talks

Please make cheque payable to CCMS (BC) and return with the completed form to:

Dr. Thomas S. Wong  
#2180 Aberdeen Centre,  
4151 Hazelbridge Way,  
Richmond, B.C. V6X 4J7

Ph: 604-233-0068 Fax: 604-233-0078

## CME

### “Incretin Therapies: they’re here, now what?”

Dr. C.P. Lau

May 5, 2014



On March 5, 2014 Dr. C.P. Lau presented an accredited CME at Sun Sui Wah Seafood Restaurant:

“Incretin Therapies: they’re here, now what?”

Participants received 1.0 Mainpro-M1 credit as accredited by the College of Family Physicians of Canada.

Dr. Lau is an internist, respirologist, and cardiologist. He is best known as a consultant in cardio-metabolic diseases at the Royal Oak Medical Center in Burnaby. Dr. Lau is a volunteer and advocate for the Canadian Diabetes Association (CDA). He is a member and ex-chairman of the executive committee for the Chinese section of CDA in B.C.

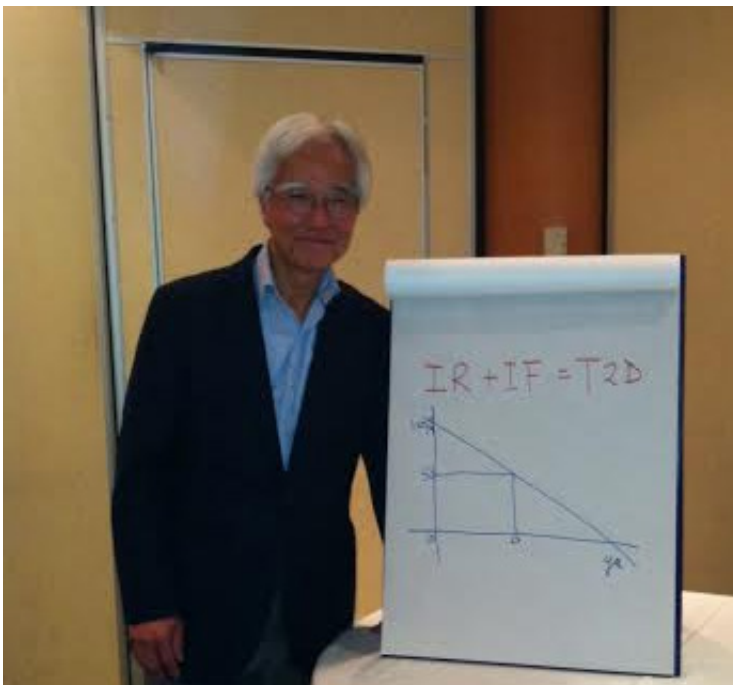
During this presentation Dr. Lau answered the most frequently asked questions on the use of incretin therapies, as developed with feedback from clinicians across Canada. We reviewed the 2 classes of incretin agents and their mode of action, the efficacy and safety data of currently available incretin agents and where they fit in the 2013 CDA guidelines.

Dr. Lau explained the difference between GLP-1 receptor agonists and DPP-4 inhibitors. We learned how to optimally incorporate incretin therapies into clinical practice.

Diabetes is an epidemic in North America. We all deal with diabetes and its complications on a daily basis. This event generated a lot of interest and Dr. Lau was gracious enough stay after his presentation to answer questions.

Many thanks to Novo Nordisk Canada for sponsoring this educational event.

**Dr. Elinda Ho**  
*Moderator*





## CME

### Current Issues in Gastroenterology

Dr. Peter Kwan     Mar 11, 2014



On March 11, 2014 Dr. Peter Kwan presented a CME at Minami Restaurant:

“Current Issues in Gastroenterology”

Dr. Kwan is a clinical associate professor in the division of gastroenterology in the department of medicine at UBC. He has also completed post doctoral training at the National Institute of Health in USA and at the Department of Medical Genetics at UBC.

Dr. Kwan reviewed the safety concerns related to PPI therapy, but most of the evening was spent on an open discussion of gastroenterology issues and the guidelines for colon cancer screening. The group was small enough that animated discussions were facilitated by Dr. Kwan on various topics.

Many thanks to Takeda Canada for sponsoring this educational event.

**Dr. Elinda Ho**  
*Moderator*



## CME

### Latest Techonology in Assisted Reproductive Technologies

Dr. Anthony Cheung

May 9, 2014



On May 9, 2014 Dr. Anthony Cheung presented a CME at Sun Sui Wah Seafood Restaurant:

“Latest Developments in Assisted Reproductive Technologies (ART)”

Dr. Cheung is a well known local reproductive endocrinologist, infertility specialist, and the founder and medical director of Grace Fertility Centre. He is recognized by students and peers alike for his vision and dedication to women’s health and, in particular, to the discernment and advancement of “best practices” for helping couples achieve their desire to start a family. He is a respected and avid educator of all who show interest, from the general public to post-doctoral candidates.



All options for aging women and couples who want to become parents were reviewed in detail. From the referral process, workup, step by step lab processes to the costs involved were discussed. We learned about “best practice” in reproductive technology and the guiding bodies.

The presentation generated much interest for all in attendance and Dr. Cheung was gracious enough to stay and answered many questions after his presentation.



Many thanks to Ferring Pharmaceuticals for sponsoring this educational event. CCMS members were able to enjoy a great meal, socialize, learn and earn Mainpro-M2 credit.

**Dr. Elinda Ho**  
*Moderator*



## Mentorship Program 2013/14

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Another year means another group of young and eager students joining our mentorship programme.

This year we had 5 excellent mentors in family practice, internal medicine, emergency, and endocrinology. All students and mentors met for the first time over our meet and greet dinner. After a brief introduction, casual conversations were exchanges. Students, as always, enjoyed this unique opportunity to bond with a physician on a non-academic setting.

**Max Boyang Liu**  
*Year 3 Student Representative*  
*UBC Medicine 2015*

## Chinese Language Workshop

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Our annual language workshop was well received by UBC medical students.

We held two language workshops, one in Cantonese and one in Mandarin for interested students. The students enjoyed learning about basic medical terminology and how to ask interview questions over some delicious food. Students found the workshop extremely helpful, especially given the multicultural patient demographics in the Lower Mainland.

**Yvonne Sin**  
*Year 2 Student Representative*  
*UBC Medicine 2016*



## Chinese New Year Celebration 2014



CCMSBC hosted the annual Chinese New Year Dinner at Flamingo Chinese Restaurant on February 16, 2014, celebrating the arrival of the Year of the Horse.

The celebration had approximately 150 attendees, who participated in a night filled with fun, games, and lots of lucky red pockets!

Special thanks go to CCMS secretary, Karen Cheng, for organizing the event, Dr. Dayan Huang and Dr. June Lin for being the MCs of the night, and UBC Kung Fu Club for the Chinese Lion Dance.

We hope to see everyone again at the celebration next year!



**Bonnie Szeto**  
*Year 1 Student Representative  
UBC Medicine 2017*





## Health Fair 2014: Liver Diseases

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The purpose of the annual Health Fair (since 1991) is to provide up-to-date health education to the public in Cantonese and Mandarin. The Health Fair continues to be a collaborative effort with CCMSBC S.U.C.C.E.S.S, CCDS and UBC ICON.

**Date: Sunday, Sept 21, 2014, 9:30 am to 4:00 pm**

**Place: Bonsor Recreation Complex, 6550 Bonsor Avenue, Burnaby, BC V5H 3G4, Canada (close to Metrotown mall)**

Format: Lectures, Interactive workshops, Booths & exhibits, Health screening, Prizes

This year's theme: Liver Diseases

Speakers: Physicians & dentists with expertise in topics related to the annual theme.  
There will be both Cantonese and Mandarin sessions.

## AGM-Annual Dinner and Dance

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Chinese Canadian Medical Society (BC)  
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**DINNER & DANCE**

**DATE**  
Saturday May 24, 2014

**PLACE**  
The Fairmont Waterfront  
900 Canada Place Way, Vancouver, BC

**PROGRAM**  
6 pm Cocktail Reception (hosted)  
7 pm Dinner  
10 pm Dancing

**Music by Federico**

\$140 per person      Black Tie (optional)

**Name:** \_\_\_\_\_  
Print Name

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**SATURDAY, MAY 24, 2014**

The Fairmont Waterfront Hotel

Please mark this date on your calendar. You and your friends are invited to attend this fun-filled event.

For tickets, please contact Dr. Thomas Wong at [thomaswongmd@gmail.com](mailto:thomaswongmd@gmail.com), or any of the board members.

Please go to our website for the most up-to-date information on the event.

**Kristy Cho**  
*Year 4 Student Representative*  
*UBC medicine 2014*