April 20, 2013

Dear CCMSBC Members,

I hope this letter finds you well and enjoying this late spring. If rain is here, can summer be far behind?

During the spring break, my family and I visited Hangzhou and Shanghai. Fortunately, we did not catch bird flu. It has been several decades since the last time I visited these cities. China and its medical system have changed dramatically and I am overwhelmed and thrilled about what I



have seen. This has made me think about the way in which we practice medicine as Chinese Canadian physicians.

CCMSBC has been carrying out its mandate to foster fellowship among Chinese Canadian physicians. Our celebration of the Chinese lunar year, the Year of the Snake, was a fun and lively event. We had many members attend including many medical students and their families. Our young MC's, Henry and Jen, were very entertaining.

To promote public health in the community and advocate the health concerns of Chinese Canadians, our members continue to volunteer to give lectures, attend charitable clinics, and participate in a variety of activities in our society, especially the Chinese community. Health Fair 2013, themed "Control Diabetes", will be held in September at Bonsor Community Centre. Further information will be posted on our websites, http://ccmsbc.com and http://healthfairbc.com.

We have been regularly organizing CME's this year for our members and other physicians, thanks to the hard work of Dr. Elinda Ho and Dr. Amy Wang, as well the contributing sponsors.

Our medical student mentorship program has started a new term this year. The interest from medical students is overwhelming. We encourage our members who wish to participate in the program to contact our board members. With the effort of our enthusiastic student board members, our Chinese workshop for medical students was also well run this month.

We welcome our newest board members Dr. Xin Yong Wang and Dr. Ka Wai Yam, both family physicians, and Ms. Yvonne Sin, a representative of first year medical students.

I would like to thank all our members for their hard work and moral support, our dedicated board of directors for their leadership and dedication. Without your determination and hard work, we would not have achieved what we have done today.

Happy Spring!

With my best wishes,

Jen Yu, MD, FRCPC President, CCMSBC

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ANNOUNCEMENTS:

Queen Elizabeth II Diamond Jubilee Medal

Congratulations to Dr. Kwang Yang and Dr. Susan Kwan, recipients of the 2013 Queen Elizabeth II Diamond Jubilee Medal. The medals were created to celebrate the 60th anniversary of Her Majesty Queen Elizabeth II's accession to the throne. They have been awarded to 60,000 Canadians to recognize their contribution to their communities and country. We apologize if we missed any other members and would be delighted if you would let us know so that we can acknowledge you and share the happy news with our members.

CCMSBC Scholarship Award

Congratulations to Daniel Ho, School of Kinesiology, UBC, for winning the CCMSBC Scholarship Award. The award is given to family members of CCMSBC members who have demonstrated excellence in academic or non-academic aspects. This award will be presented to the recipient at the Annual Dinner and Dance held on May 11, 2013.

Membership Committee Report

Welcome to the following new members:

Life Member Dr. Grace Ng (Family Medicine)

Dr. Harvey Wong (Family Medicine)

Student Member Kay Fung (MD 2016)

Alvin Ip (MD 2016) Lingsa Jia (MD 2016) Alvin Keng (MD 2015) Danny Lee (MD 2015) Kenneth Lee (MD 2016) Alexander Li (MD 2016) David Wu (MD 2016) Alvis Yu (MD 2015) Kevin Zhang (MD 2016)

Website

Please remember to visit the CCMSBC website for newsletter and events update. You may also be interested in who your fellow CCMSBC members are. The CCMSBC scholarship application form can be downloaded from this site. To gain access to the Members Section, please log in as "ccmsbc" with "vancouver" as the password.

Email Addresses

We plan to phase out paper mailing completely by September 2013. WE NEED YOUR CURRENT CONTACT E-MAIL ADDRESS in order to make this conversion a success. Please advise our Executive Assistant Miss Karen Cheng via e-mail *kchengccms@gmail.com* or via the Contact Section of our website of your current e-mail address.

For those members who would like to stop receiving paper mail now, please let Karen know so that we can stop sending you any more paper mails immediately.

Membership Drive

Please renew your membership now! WE NEED NEW MEMBERS!

Just imagine - if each member can recruit just one new member to CCMS-BC, the voice of our society will be twice as strong.

If you wish to show your support to the society, you may choose to sign up as one of our Life Members.



Chinese Canadian Medical Society (B.C.) Membership Application

Page	1

Chinese Canadian Medical Society (BC) 加華 着 學 會		rs—January 1,2012 - December 31,2013) rs—January 1,2012 - December 31,2013)
Name		
Office Tel: ()	Office Fax:	()
Home Address:(optional)		
Home Tel: () Mailing Address (check one)	☐ Office ☐ Home	
<u>Academic</u>		
Family Practice:		
Obstetrics/Special Interest: (pls s	specify):	
Specialty:		
Degree:		
Medical School:		
Year of Graduation:		
Postgraduate:		
Affiliated Hospitals:		
Social		Please make cheque payable to CCMS and return with the completed cheque to:
Language:		Dr. Thomas Wong
Hobbies:		#2180 Aberdeen Center 4151 Hazelbridge Way
☐ Interest in CCMSBC committee ☐ Interest in giving lectures	e	Richmond B.C. V6X 4J7 Ph: 604-233-0068 Fax: 604-233-0078

Chinese New Year

Year of the Snake February 17, 2013



The annual CCMS BC Chinese New Year Celebration dinner occurred on February 17, 2013 at the Victoria Chinese Restaurant in downtown Vancouver to welcome the Year of Snake. Over 120 guests enjoyed the food and the entertaining games at the event. Special thanks to the UBC Kung Fu Club for their excellent lion's dance performance and Dr. Henry Tran as well as Miss. Jennifer Li (MSI-3) for emceeing the event. Also special thanks to Dr. June Lin, Dr. Jen Yu and Miss. Karen Cheng for organizing the events.

Dr. June Lin *Organizer*





























Advanced Reproductive Age and Fertility Dr. Anthony Cheung | *April 9, 2013*

On April 9, 2013 Dr. Anthony Cheung presented a CME at Red Star Restaurant:

"Advanced Reproductive Age and Fertility"

Dr. Cheung is a reproductive endocrinologist, infertility specialist, and the founder and medical director of Grace Fertility Centre. He is recognized by students and peers alike for his vision and dedication to women's health and, in particular, to the discernment and advancement of "best practices" for helping couples achieve their desire to start a family. He is a respected and avid educator of all who show interest, from the general public to post-doctoral candidates.

This well attended event had 3 objectives:

- 1. Improve awareness of age-related decline in female and male fertility
- 2. Provide management recommendations
- 3. Review investigations for ovarian aging

The presentation generated much interest for all in attendance and Dr. Cheung was gracious enough to stay and answered many questions after his presentation. The excellent meal and delicious Alaskan king crabs were an added bonus.

Many thanks to Ferring Pharmaceuticals for sponsoring this educational event.

Dr. Elinda Ho *Moderator*

CME

Routine HIV testing in Family Practice Dr. Sarah Stone & Tony Rees RN, BN | April 23, 2013









On April 23, 2013 Dr. Sarah Stone and Tony Rees RN, BN presented an accredited CME at Sun Sui Wah Restaurant:

"Routine HIV testing in Family Practice"

Dr. Stone is a Family Physician who has worked at John Reudy Immunodeficiency Clinic at St. Paul's Hospital since 2004. She has worked in a variety of other clinical settings, including rural medicine, low risk obstetrics, hospitalist, and clinical associate. She is a member of the Department of Family and Community Medicine at Providence Health. She is a clinical instructor at UBC, teaching and mentoring medical students, residents, and nurse practitioners in primary care and HIV medicine.

Tony Rees is a nurse educator with Vancouver Coastal Health's In Practice Support for Routine HIV testing program. He worked at the BC Centre for Disease Control's Division of Sexually Transmitted Infection Prevention and Control for 16 years. At BCCDC he worked as supervisor of the STI Clinic, in street outreach, and as a nurse educator.

Dr. Stone and Tony Rees presented evidence to support a paradigm shift in how family practitioners think about, and in turn present to patients, routine HIV testing and the diagnosis of HIV AIDS. Currently nearly all new HIV cases are picked up by family doctors and evidence shows that lives, and money, are saved by early detection. This in turn lowers the transmission rate, and more lives and money are saved. Testing everyone for HIV will destigmatize this test and more asymptomatic HIV infected patients will be diagnosed. Evidence was presented that patients are not as opposed to routine HIV testing as family practitioners think they would.

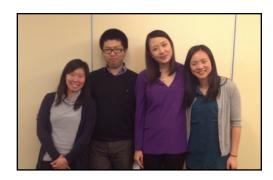
In Practice Support for Routine HIV Testing is a clinical support team for family practitioners designed to assist with putting processes and tools in place to enable the routine offer of HIV testing to patients. It is a complementary component of the HIV Testing Initiative in Family Practice supported by Vancouver Coastal Health, Providence Health Care and UBC Continuing Professional Development.

The presentation generated much discussion throughout and after the presentation. The excellent meal with this restaurant's signature squab dish and delicious Alaskan king crabs were an added bonus.

Dr. Elinda Ho *Moderator*

Chinese Language Workshop

Yvonne Sin MSI1 & Max Liu MSI2 & Jennifer Li MSI3 & Freda Wong MSI4 | April 8, 2013



Our annual Chinese workshop for medical students was held on April 8, 2013. This year we had a really good turn out of 20 students ranging from first year medical students to medical residents. The student representatives took on the role of instructors and ran both a Mandarin and a Cantonese workshop concurrently. The students were first introduced to some common anatomical terms in Chinese, and then proceeded to learning to take a HPI in Chinese. The event was very well received by the students as being both clinically useful as well as enjoyable.

Max Liu, MSI2 Year 2 Student Representative

Mentorship Program

Dr. Elinda Ho & Dr. Urbain Ip & Dr. Hin Hin Ko & Dr. Xin Yong Wang & Dr. Jen Yu | April 18, 2013

Mentorship program has always been a highlight in our student activities. This year, 5 physician mentors were matched to 9 first and second year medical students interested in family practice, general internal medicine, gastroenterology, and emergency medicine. We held our mentorship dinner to allow the students to meet their mentors on April 18. We talked about specialty choices, lifestyles, and lives in general after a round of introductions. We are always in need of mentors regardless of your specialty! We had an overwhelming interest (60 applicants) this year and only 9 were chosen due to mentor shortages. Please consider being a mentor for us next year! Students really appreciate this opportunity and mentors always have positive responses coming out of it.

Max Liu, MSI2 Year 2 Student Representative

Chinese Canadian Medical Society (B.C.)

APPLICATION FOR C.C.M.S.(B.C.) SCHOLARSHIP

(open for family members of CCMS(BC) members only)

Name of Applicant: (Please Print)	S.I.N.:	
Birth Date:	Sex:	
Current Address:	Phone:	
Mailing Address:	Phone:	
CCMS (BC) Sponsor:		
Length of Membership:		
EDUCATION RECORD: (Use additional shee	ts for more space, if necessary	/)
Secondary Education	Year	
Post-Secondary Institution (1)	Year	
(2)	Year	
Current Program Enrolled:		
Extracurricular Interests/Awards:		

RETURN THE COMPLETED APPLICATION TO CCMSBC (c/o Dr. Jen Yu, Suite 126-555 W.12 $^{\rm th}$ Ave, Vancouver, BC, V5Z 3X7) ALONG WITH THE FOLLOWING:

- 1. Transcript of academic record for the past year.
- 2. Reference letters from two unrelated individuals.
- 3. Brief account of yourself and why you should be the recipient of the scholarship (maximum 2 typed double-spaced pages).



Annual Dinner & Dance

Saturday May 11, 2013 Fairmont Waterfront Hotel, 900 Canada Place, Vancouver

This important event is the biggest gathering of CCMSBC members. Let's make it a resounding success again this year, with the full attendance of all CCMSBC members and spouses, and any other guests you'd like to invite (they don't have to be MD's)!

Date: Saturday May 11, 2013

Place: Fairmont Waterfront Hotel, 900 Canada Place,

Vancouver

Program: 6pm Cocktail Reception (hosted)

7pm Dinner

10pm Door prize draw

Live music & dancing (by Federico!)

There have been over 230 in attendance in the past.

\$140 per person. Black Tie (optional). \$80 for students/residents.

Please contact your CCMSBC board members for purchasing tickets, or inquire about tickets using the "Contact Us" section of our website www.ccmsbc.com.

Please also join us for our Annual General Meeting that precedes the dinner and dance.

