

President's Letter December 2013

Dear CCMSBC Members,

I hope this letter finds you well and in high spirits coming into the holiday season.

Since my last letter in the late spring, CCMSBC has continued its mandate and held many successful events.

In May, our AGM was attended by a large number of members, friends and distinguished guests. We had an enjoyable social gathering, a delicious meal, and a dance featuring a live band. We thank the organizing committee led by Dr. Thomas Wong.



The medical student mentorship program was active in the hot summer of this year. A group of mentors and mentees enjoyed a pleasant hike at Pacific Spirit Regional Park. We had a nice social meeting and learned a great deal during the hike. It was relaxing and educational. The feedback we received from our mentees was great.

Health Fair 2013, themed Diabetes, Prevention and Treatment, was another successful event. The results of the evaluation showed that the topics presented by our physician speakers were very popular and well appreciated by the public. Our future young doctors, the UBC MSI group, worked very hard to serve the audience. Led by Max Liu, our student board member, the blood pressure booth was well attended, as were other services provided by the students. You may enjoy some photos of Health Fair in this newsletter and Health Fair website:

<http://healthfairbc.com>.

We had other activities, such as continuing medical education seminars during this period. Thank you for the hard work of our board members. You will find more reports in this edition of the newsletter.

The CCMSBC website is undergoing a major update. We thank Jay Zhao, a UBC IT specialist, for giving the site its new look and more functions. We think the new site has improved drastically. The formal launch of the upgraded site will be in December 2013. The link to the website has changed to the following (ending in .org): <http://ccmsbc.org>.

We'd also like to welcome our newest CCMSBC members, Dr. Dayan Huang, fourth year medical resident, Emergency Medicine and Bonnie Szeto, MSI year 1 representative. Both of them speak mandarin and will be a great addition to the board.

As we are entering the holiday season, my sincere wishes to our members and their families for a happy, healthy and prosperous new year.

Merry Christmas and Happy 2014.

Sincerely,

Jen Yu
MD, FRCPC, Internal Medicine
President, CCMSBC

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Announcements:

Chinese New Years Celebration 2014

This year's Chinese New Years Celebration will be held in **February 2014**. Further details will be available on our new website after Dec 2013.

<http://ccmsbc.org>

Please stay tuned!

CCMSBC Mentorship Program

We are starting to recruit mentors who are interested in meeting and educating medical student members for the 2014/15 program. If interested, please contact our board members.

<http://www.ccmsbc.com/contact.php>

CCMSBC Scholarship Award

We will be accepting applications for this award soon. The award is given to family members of CCMSBC members who have demonstrated excellence in academic or non-academic aspects. This award will be presented to the recipient at the Annual Dinner and Dance held in 2014. Please see website for further details. <http://ccmsbc.org>

Membership Committee Report

Welcome to the following new members:

Life Member	Dr. Amy WANG (Family Medicine) Dr. Xin Yong WANG (Family Medicine) Dr. Gina TSAI (Immunology & Allergy)
Active Member	Dr. Xue Yan ZHENG (Family Medicine)
Resident Member	Dr. Jia Jia REN (Endocrinology)
Student Member	Xue Chen KE (2015) Qiming Roger WU (2015)

Website

Please remember to visit the CCMSBC website www.ccmsbc.com for newsletter and events update. To gain access to the Members Section, please log in as "ccmsbc" with "vancouver" as the password.

Watch out for the launching of our NEW & IMPROVED website in the coming months!!!

E-Mail Addresses

We are now paperless. **WE NEED YOUR CURRENT CONTACT E-MAIL ADDRESS** in order to keep on touch with you. Please advise our Executive Assistant Miss Karen Cheng via e-mail kchengccms@gmail.com or via the Contact Section in our website of your current e-mail address.

Membership Drive

Please renew your membership now!! **WE NEED NEW MEMBERS!!**
Our Society is only as strong as its membership

Just imagine - if each member can recruit just one new member to CCMS-BC, the voice of our society will be twice as strong.

If you wish to show your support to the society, you may choose to sign up as one of our Life Members.

Dr. Thomas Wong
Membership Chair



Chinese Canadian Medical Society (B.C.) Membership Application

Membership Dues:	<input type="checkbox"/> Active \$100	(2 years—January 1, 2014 - December 31, 2015)
	<input type="checkbox"/> Associate \$100	(2 years—January 1, 2014 - December 31, 2015)
	<input type="checkbox"/> Life \$500	
	<input type="checkbox"/> Student/Resident - Complimentary	

Name:	_____
Office Address:	_____ _____
Office Tel:	_____ Fax: _____
E-mail:	_____
Home Address: (Optional)	_____ _____
Home Tel:	_____
Mailing Address: (check one)	<input type="checkbox"/> Office <input type="checkbox"/> Home

<u>Academic Profile</u>	
<input type="checkbox"/> Family Practice:	Special Interest: _____
	New Patients: <input type="checkbox"/> Accepted <input type="checkbox"/> Not Accepted
<input type="checkbox"/> Locum	
<input type="checkbox"/> Specialty:	_____
Degree(s):	_____
Medical School:	_____
Year of Graduation:	_____
Postgraduate:	_____
Affiliated Hospitals:	_____

<u>Personal Profile</u>	Please make cheque payable to CCMS (BC) and return with the completed form to: Dr. Thomas S. Wong #2180 Aberdeen Centre, 4151 Hazelbridge Way, Richmond, B.C. V6X 4J7 Ph: 604-233-0068 Fax: 604-233-0078
Language: <input type="checkbox"/> Cantonese <input type="checkbox"/> Mandarin <input type="checkbox"/> Others _____	
<input type="checkbox"/> Interest in CCMS (BC) committee work	
<input type="checkbox"/> Interest in giving lectures / radio talks	

CME

Chronic Hepatitis B Update

Dr. Ed Tam

May 14, 2013



On May 14, 2013 Dr. Ed Tam presented a CME at Red Star Seafood Restaurant:

“Chronic Hepatitis B Update”

Dr. Tam is an internist who completed a fellowship in Clinical Hepatology at the University of Manitoba. His specific areas of interest include viral hepatitis and non-alcoholic fatty liver disease. He is the medical director at the Liver and Intestinal Research Centre in Vancouver. Besides his full time hepatology practice, Dr. Tam is active in clinical trials research and medical education.



Dr. Tam reviewed the natural history and etiology of chronic hepatitis B. He jogged our memory by going over some basic science. Screening, monitoring, treatment options, including recent advancements, were discussed. This was an important and very well attended CME as most, if not all, CCMS(BC) members deal with chronic Hepatitis B in our daily practice. There were enough extra participants to nearly fill an extra table! Dr. Tam graciously answered many questions well after his talk.

Many thanks to Gilead for sponsoring this educational event.

Dr. Elinda Ho
Moderator



CME

Search-Spot-Screen: Strategies for Primary Care Physicians in the Management of Hepatitis C

Dr. Eric Yoshida

June 12, 2013



On June 12, 2013 Dr. Eric Yoshida, a life member of CCMS(BC) and the recipient of the Queen Elizabeth II Diamond Jubilee Medal, presented the accredited CME program at Sun Sui Wah Seafood Restaurant.

Dr. Yoshida is a professor of medicine and head of the division of gastroenterology at UBC. He is the head of gastroenterology of VGH and head of the BC hepatitis program. Nationally, Dr. Yoshida is a past president of the Canadian Association for the Study of Liver (CASL) and a member of the Executive Board since 2002. He is the chair of the medical advisory committee of the Canadian Liver Foundation, national office, and has been on the CLF's National Executive Board for a number of years. Dr. Yoshida has published extensively and is the deputy editor of the Canadian Journal of Gastroenterology, an associate editor of the Annals of Hepatology, and a member of the editorial board and a reviewer of many other medical journals.

Dr. Yoshida reviewed the risk factors for HCV in order to identify patients who are appropriate candidates for screening. We evaluated screening protocols used to detect the presence of an HCV infection. We learned to implement patient counselling strategies to educate patients in effectively managing HCV. We assessed the current Canadian HCV therapeutic landscape and reviewed the clinical data for the novel direct-acting antiviral agents. Many thanks to Merck Canada for sponsoring this educational event.

Dr. Elinda Ho
Moderator

Advertisement

A new combined **Adult and Pediatric Allergy & Immunology Clinic** is now open!
683 Denman Street, Vancouver, BC, V6G 2L3
Phone: 604-428-0958 Fax: 604-428-0956

Dr. Gina Tsai (MSP #66348) is certified in Clinical Immunology and Allergy, and recently completed her training at the University of Western Ontario (UWO). She is currently an Adjunct Professor within the Department of Medicine at UWO. Prior to that, she completed her Internal Medicine training at UBC, where she also obtained her Bachelor of Science in Pharmacy and Doctor of Medicine.

Dr. Gina Tsai is fluent in Mandarin, and comprehends Cantonese & Taiwanese. Together with a Pediatric colleague, she strives to provide full spectrum care for atopic patients of all ages. She looks forward to caring for your patients!

Non-urgent referrals accepted via fax.
Urgent referrals accepted by phone. One reserved slot per day.

CME

Introducing Bystolic (Nebivolol tablets): A Cardioselective and Vasodilating Beta Blocker

Dr. Andrew Ignaszewski

Sept 24, 2013



On Sep 24, 2013 Dr. Andrew Ignaszewski presented a CME at Sun Sui Wah Seafood Restaurant:

“Introducing Bystolic (nebivolol tablets): A Cardioselective and Vasodilating Beta Blocker”

Dr. Ignaszewski is a clinical professor of cardiology at UBC. He is also the physician program director at Providence Healthcare and UBC, cardiology division head, heart function clinic medical director, and acting director of the UBC heart transplant program.

“Dr. Andy” provided an interactive learning program that provided us with important information on the appropriate use of the newest beta-blocker available in Canada. He reviewed the evolution of beta-blockers for the treatment of hypertension, and discussed the current use of beta-blockers for hypertension with a focus on nebivolol and where it fits in the hypertension armamentarium as both monotherapy and combination therapy.

Members were encouraged to invite a non-member colleague so this event was very well attended.

Many thanks to Forest Laboratories Canada for sponsoring this educational event.



Dr. Elinda Ho
Moderator

Mentorship Program 2013/14



The CCMSBC Mentorship Program took full advantage of the great summer weather in July with a morning hike in Pacific Spirit Regional Park.

Drs. Jen Yu, Urbain Ip, and Dayan Huang offered clinical pearls and teachings to UBC medical students Annie Ma and Kali Kwong while enjoying the outdoors.

Pacific Spirit Regional Park is located in the Point Grey neighbourhood, minutes away from the UBC Vancouver campus. The 10 km trail is enclosed within a gorgeous forest comprised of hemlock, cedar, and maple trees and is definitely a hidden gem for the locals.

Over the 2-hour hike, the mentor group covered a substantial portion of the trail, which was a perfect setting for the medical students to learn from the experienced doctors about clinical practice, including approaches to wound management, the latest technology used in the hospitals, and helpful career advice.

Following the hike, the mentors and mentees shared more conversation over a tasty dim sum lunch in Kerrisdale, which was a terrific post-work-out treat!

We are starting to recruit mentors for 2014 - 2015 cycle from our members now. If anyone interested, please contact our board members: <http://www.ccmsbc.com/contact.php>.

Kali Kwong
Year 3 Student Representative
UBC Medicine 2015

Health Fair



Cantonese workshop was very well attended.



Canadian Diabetes association booth at the health fair.



Medical students volunteers at the Health Fair 2013

This year, the Annual Health Fair took place on September 15th at the Bonsor Community Centre in Burnaby. This is a very central location in the Lower Mainland; as a result, we had more than 1100 participants.

The theme this year was diabetes. All the lectures focused on the prevention of diabetes and the effect of diabetes on various organ systems.

The speakers were:

- Dr. Heywood Choi
- Dr. George Lam
- Dr. Steve Ma
- Dr. Kwang Yang

We partnered with the Chinese Canadian Dental Society and the Intercultural Online Health Network (iCON) in order to deliver more comprehensive topics to our Chinese community. The Chinese Dental Society gave two lectures on oral health, and iCON has invited speakers from both medicine and the allied health sciences to speak about diabetes. iCON is an initiative by the UBC eHealth Strategy Office to assist multicultural communities in accessing information on optimal chronic disease prevention and management. All iCON lectures were delivered in both Mandarin and Cantonese with audio sets.

Please visit the Health Fair website at <http://health-fairbc.com/> for more information.

Dr. Amy Wang
Organizer

Health Fair



iCON presentation was attended by both Cantonese and Mandarin speaking members of the community.



Organizers and Presenters

AGM-Annual Dinner and Dance



The Annual General Meeting and Gala took place on May 11, 2013 at the Fairmont Waterfront Hotel and was a very lively evening with over 200 people in attendance. It was certainly the biggest event of the year.

It began with cocktail reception, then a delicious 3 course dinner was served. The rest of the night was spent enjoying and dancing to live music by Federico.

Don't miss the AGM coming up in 2014 which is sure to be an other great night of conversations, dancing, and friends.

Please go to our website for the most up-to-date information on the event.

Kristy Cho
*Year 4 Student Representative
UBC medicine 2014*



Our lucky door prize winners of the night!



Congratulations to Daniel Ho, UBC School of Kinesiology, for being awarded the CCMSBC Scholarship.

AGM-Annual Dinner and Dance



CCMSBC Board Members



Live Music, dancing and dinner. Don't miss the Gala this year!