



Nov 2006

Chinese Canadian Medical Society (BC)
加華醫學會

President's Letter

Time past so fast, it is close to the Christmas season. I wish every member a happy Christmas and a prosperous New Year.

We have hosted a successful Health fair over the Thanksgiving weekend. This year we have 3000 people attending the event. I have to thank Dr. Tony Wong, Dr. Jessica Chan and Dr. Edmond Chan for all their hard works.

For the coming few months, Dr. Thomas Wong is arranging the South America CME tour and it will be happening in March 2007. This will be a wonderful event, enabling us to visit the places such as Machu Picchu, Iguassu Falls, Amazon etc. I am sure most of our members will have received the pamphlet by now. There will be also information in this edition of newsletter. Our CME tours have always been very popular event among our members. To add on, Dr. Howard Liang is also arranging the Adriatic Sea and Greece CME cruise. The event will be taken place by the end of April 2007. Details will be in this edition as well. I am sure everyone will be interested and remember that spaces are limited.



Paul Chin

Health Fair 2006

This year's CCMS/SUCCESS Health Fair was once again very well attended, with estimates of up to 3000 people present throughout the day. The event occurred at the SUCCESS building in Chinatown, on October 8, 2006. This year's theme was Disease Prevention, and the topics chosen reflected this theme very well. Among the popular topics included Eye Disease, Hearing Loss, Kidney Health, Hypertension and Heart Attacks, and Traditional Chinese Medicine topics (mental health, TCM foods). There were 20 speakers willing to give up their spare time to be at the health fair, as well as many more people to tend to the information booths. A lecture was even held on STDs, which was well attended. Health Screening tests for glaucoma, hypertension and diabetes were very popular. Many thanks to the countless volunteers from SUCCESS; the SUCCESS Co-Chair, Dr. Susan Kwan; CCMS Co-chairs, Dr. Jessica Chan and Dr. Edmond Chan; and CCDS Chair, Dr. Carter Ng. We look forward to another equally successful year next year.

Submitted by Dr. Tony Wong

President's Letter	1
Health Fair 2006	1
Black Sea CME	2
CCMS Foundation Scholarship	3
Scenic South America Medical Seminars	4-6
Adriatic Sea and Greece Cruise CME	7
Membership application	8



Ukraine and Black sea Cruise CME report.

The 2 week CME cruise began at Kiev, the capital of Ukraine. It is a vibrant city and the place of the Orange revolution that gave birth to the democratic Ukraine. Clean and safe, it is a city filled with history with orthodox cathedrals mixed with Cossack and Lenin statues.

The highlight was the coast of Black sea. The ship cruised along the Dniepro River, the third largest in Europe, going through 5 locks to enter the Black sea. The first port we visited was Odessa, which is a truly cosmopolitan, multicultural city. It is an important portal to the previous communist regime with a large number of different ethnic groups.

The next port is the previously mysterious Russian naval base for the Black sea fleet, Sevastopol. It is now very much a tourist place, with high end fashion stores and well equipped tourist facilities. Here we traveled to Yalta, the place of the post-WWII meeting where Stalin, Churchill, and Roosevelt drew the current map of Europe. The most picturesque sight on the way is the Swallow's nest castle on a cliff.

We had regular meetings on the ship for educational purposes. The small group was very actively interacting and gave much feedback during the sessions, which spanned from psychology to surgery and included topics ranging from infant formula to bariatric surgery.

The trip ended by cruising back to Kiev, stopping by a few more cities along the way. That gave us the chance to see the less beaten track in Ukraine and experience the true Ukrainian life. We also learned a few Ukrainian words and some Russian phrases. The one I still remember is "Yellow Blue Bus". Feel free to ask someone from our group or a Russian friend for the meaning of the phrase.

Submitted by Dr Howard Liang



Please submit articles or correspondence for the next newsletter to

The Editor, CCMS(BC) Newsletter
Attn: Dr. Paul Chin

Queen's Park Care Center
Geriatric Services
315 McBride Boulevard
New Westminster, B.C. V3L 5E8

Or e-mail to paulchin@doctor.com

Please also our website www.ccmsbc.ca for new information and events.

Chinese Canadian Medical Society Foundation

c/o Suite 120 –5780 Cambie Street, Vancouver, B.C. V5Z 3A7

APPLICATION FOR C.C.M.S. (B.C.) SCHOLARSHIP

(open for family members of CCMS(BC) members only)

Name of Applicant:
(Please Print)

S.I.N.:

Birth Date:

Sex:

Current Address:

Phone:

Mailing Address:

Phone:

CCMS (BC) Sponsor:

Length of Membership:

EDUCATION RECORD: (Use additional sheets for more space, if necessary)

Secondary Education

Year

Post-Secondary Institution

(1)

Year

(2)

Year

Current Program Enrolled:

Extracurricular Interests/Awards:

RETURN THE COMPLETED APPLICATION TO THE FOUNDATION ALONG WITH THE FOLLOWING:

1. Transcript of academic record for the past year.
2. Reference letters from two unrelated individuals.
3. Brief account of yourself and why you should be the recipient of the scholarship (maximum 2 typed double spaced pages).

APPLICATION FOR CCMS FOUNDATION SCHOLARSHIP

It is time again for the application of the CCMS Foundation scholarship. This scholarship is open to children of our members. If you know any youngsters who are in postsecondary years, please encourage them to apply. The application form is in a separate sheet of this newsletter. **The deadline is Jan. 22nd, 2007 Tuesday.** Send the application with all accompanying documents to Dr Howard Liang, 120-5780 Cambie Street, Vancouver B.C. V5Z 3A7

Scenic South America Medical Seminars 2007

20-day Grand Tour of Peru, Argentina, Brazil & the Amazon

Mar 09 - 28, 2007

deluxe

CAD\$9288
per person twin share

CCMS members
LESS \$500

Single supplement **\$1888**

Land Only **\$7988**
(No Vancouver to Lima // Sao Paulo to Vancouver air ticket)

Without Amazon **LESS \$1000**
per person (twin share).

*Air deviation fee CAD100 plus fare difference should there be any.
*Hotel-Airport transfer will not be provided.

Early bird **discount \$500**
for **non CCMS members** booked before Dec 15, 2006

Non-refundable deposit \$1000
per person to hold firm space

HIGHLIGHT:

- ✓ Peru: Lima , Nasca & Paracas, Cuzco City & Inca R uins, Machu Picchu by Train, Lake Titikaka.
- ✓ Argentina: Parisian architecture, La Boca & Tango; Avenue 9 de Julio, Iguassu Falls.
- ✓ Brazil: Copacabana and Ipanema beaches, Statue of Christ on Corcovado Mt., Samba.
- ✓ Amazon: Jungle Trek, Rio Negro River, boat tour & alligator-spotting, Piranha fishing.
- ✓ Deluxe tour with resort hotel, 5-star or 4-star accommodation.



- Day 01 : Mar 9 (Fri) Vancouver → Toronto → Lima, Peru
- Day 02 : Mar 10 (Sat) Lima > Paracus
- Day 03 : Mar 11 (Sun) Paracus > Ica → Nasca Lines > Lima
- Day 04 : Mar 12 (Mon) Lima → Cuzco > Sacred Valley
- Day 05 : Mar 13 (Tue) Machu Picchu
- Day 06 : Mar 14 (Wed) Cuzco
- Day 07 : Mar 15 (Thu) Cuzco > Puno
- Day 08 : Mar 16 (Fri) Lake Titikaka
- Day 09 : Mar 17 (Sat) Puno > Juliata → Lima
- Day 10 : Mar 18 (Sun) Lima → Buenos Aires
- Day 11 : Mar 19 (Mon) Buenos Aires
- Day 12 : Mar 20 (Tue) Buenos Aires → Iguassu
- Day 13 : Mar 21 (Wed) Iguassu → Rio de Janeiro
- Day 14 : Mar 22 (Thu) Rio de Janeiro
- Day 15 : Mar 23 (Fri) Rio de Janeiro
- Day 16 : Mar 24 (Sat) Rio de Janeiro → Manaus
- Day 17 : Mar 25 (Sun) Manaus
- Day 18 : Mar 26 (Mon) Manaus → Sao Paulo
- Day 19 : Mar 27 (Tue) Sao Paulo → Toronto
- Day 20 : Mar 28 (Wed) Toronto → Vancouver



You may choose not to go with the group to Amazon and have the following arrangement:

Day 16 –Mar 24-Sat- Rio de Janeiro → Sao Paulo → Toronto
Day 17 –Mar 25-Sun Toronto → Vancouver

For enquiries or booking, please contact our specially assigned booking agent:
Rebecca Ho 604-248-8000
 email: rebecca@silkway.com

Tour coordinators:
Kathy Ng 604-879-6018 ext 116
 email: kathy@silkway.com
Ray Chiu 604-879-6018 ext 107
 email: ray@silkway.com



Corporate Office: 4012 –4018 Cambie St.
 Vancouver B.C. V5Z 2X8
 Tel: 604-656-1000
 Fax: 604-879-6096
 Website: www.silkway.com

Chinese Canadian Medical Society (BC)

Tour Leader: Dr. Thomas Wong

Scenic South America Medical Seminars 2007

20-day Grand Tour of Peru, Argentina, Brazil & the Amazon by Silkway Travel

Mar 09 - 28, 2007

<p>Registration Fees (includes all tips):</p> <p>\$400 for CME participants \$250 for non-CME participants</p> <p>Please make cheque payable to CCMS(BC) and send to Dr. Thomas Wong</p> <p>Please complete all parts of the Registration Form, send/fax to Dr. Thomas Wong #2180 – 4151 Hazelbridge Way, Richmond, BC V6X 4J7 Tel: 604-233-0068 Fax: 604-233-0078</p>

Registration Form

Date of registration: ____ / ____ /2006

Name: (as it appears on your passport – e.g. SMITH / JOHN ALAN Dr.)

1. _____ Dr./Mr./Mrs./Ms Room Type: Twin / Double / Single

2. _____ Dr./Mr./Mrs./Ms Passport Copy: (Please fax in)

Home Address: _____ Phone: _____

Office Address: _____ Phone: _____

Email: _____ Fax: _____

Tour Cost (Air & Land, per person/twin sharing):	CAD \$9288 x _____	= CAD \$ _____	
Tour Cost (Land Only, per person/twin sharing):	CAD \$7988 x _____	= CAD \$ _____	
Single Supplement:	CAD \$1888 x _____	= CAD \$ _____	
Taxes & fuel surcharge (per person):	CAD \$ 445 x _____	= CAD \$ _____	
Member discount (CCMS members) /			
Early Bird discount (non CCMS members, book before Dec 15, 2006)	Less CAD \$ 500 x _____	= -CAD \$ _____	
Air deviation fee:	CAD \$100 x _____	= CAD \$ _____	
Others:	CAD \$ _____ x _____	= CAD \$ _____	
	Total Amount:	= CAD \$ _____	

Deposit of CAD\$1000 per person required to hold firm space. Full payment due by Jan 3, 2007.

Please make booking arrangement directly with **Rebecca Ho (604-248-8000)** at **Silkway Travel**.
 Email: rebecca@silkway.com Address: #1060 – 4151 Hazelbridge Way, Richmond, B.C. V6X 4J7

7 Nights Greece, Croatia, Italy (Adriatic Sea)

9 Apr – 6 May 2007



Aboard the MS ARMONIA, it travels from Venice to Bari on the way to ports of Greece, including Corfu, Athens (Pireo) and the Islands. On the way back, it will stop at the beautiful port Dubrovnik, Croatia before heading back to Venice, Italy.

The ship is 58,600 ton built in 2001. Own by MSC cruise line, an Italian cruise ship company that is expanding worldwide to compete with big names like Princess and Royal Caribbean. It prides itself of the authentic Italian cuisine on the ship.

Cruise only fare ranges from US\$1010 up, all taxes included. CME will be organized. Capacity is limited by the number of cabins available on the ship. Please apply early to avoid disappointment.

Details see: http://www.msccruisesusa.com/crociere/cruise.asp?id=3887&page_id=48

Contact: Dr Howard Liang at hshliang@hotmail.com or 604-323-2982



Chinese Canadian Medical Society (B.C.) Membership Application



Full \$100 (2 years—January 1,2006 - December 31,2007)
 Associate \$100 (2 years—January 1,2006 - December 31,2007)
 Life \$500
 Student/Resident - Free

Name _____
Office Address _____
Office Tel: ()-_____ Office Fax: ()- _____
E-mail: _____
Home Address: _____
(optional) _____
Home Tel: ()- _____
Mailing Address (check one) Office Home

Academic
Family Practice: _____
Obstetrics/Special Interest: (pls specify): _____
Specialty: _____
Degree: _____
Medical School: _____
Year of Graduation: _____
Postgraduate: _____
Affiliated Hospitals: _____

Social
Language: _____
Hobbies: _____
 Interest in CCMS committee
 Interest in giving lectures/ radio talk

Please make cheque payable to CCMS and return with the completed cheque to:

Dr. Thomas Wong
#2180 Aberdeen Center
4151 Hazelbridge Way
Richmond B.C. V6X 4J7

Ph: 604-233-0068 Fax: 604-233-0078