

Sept 2006



President's Letter

This is my honor to serve again as your President of the Chinese Canadian Medical Society of BC. Times pass so fast and it seems just like yesterday when I take up the president position. With all the helps from the board members, it makes my job much easier. On reviewing last year, I am glad that we do achieve quite a few tasks we have set up. We have a successful health fair in October 2005 which we have a record attendance. Our career night for new medical students has been held in February 2006 that about 90-100 students attended. We have a wonderful evening in celebrating the Chinese New Year. We have a successful CME in Baltic Sea and Silk Road that have been mentioned in previous newsletters.

We have two new honorary members in our society: Dr. Frances Ho and Dr. Howan Koo. Dr. Frances Ho has participated lots in the public educations, especially to our Chinese population. He has been a key figure in the Chinese public media in promoting the health

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education. Dr. Howan Koo has been our board member since the start of our society. He has arranged numerous CME events and is an integral part of our society.

Sadly to speak, we also lose our beloved Dr. K. C. Li during the Easter 2006. Dr. Li passed away suddenly with a major stroke. Dr. Li was a founder of S.U.C.E.S.S. and had been involved in countless public activities. He was also one of our honorary members. We always remember Dr. Li and never forget his smile.

In the coming year, we will start with 2 CME trips: Black Sea Cruise and Indochina CME. The information about Indochina trip will be shown in this issue. We are also planning the South America CME and we will try to inform the members as soon as the schedule been set. I also remind everyone to check our website for latest information (www.ccmsbc.ca).

Our Health Fair will be held on October 8th, 2006 and the theme of this year is Health Prevention. We should inform our patients about the event. Public health education is always the mandate of our society. Our Cantonese radio program is an ongoing event and it is held at 10 pm every Thursday (AM1320).

Our society need the support of our members and I also urge every member to introduce our society to new graduate.

Paul Chin



Welcome to our new Board 2006-7

From Left to Right:

Dr. Kwang Yang, Dr. Paul Wong,
Dr. Edmond Chan, Dr. Jessica Chan,
Dr. Paul Chin, Dr. Urbain Yip, Dr.
Thomas Wong, Ms Winnie Fu, Dr.
Vincent Tony Wong

Absent : Dr. Stephanie Au, Dr. Hin
Hin Ko, Dr. Raymond Tong, Dr.
Howard Liang, Ms Ka Wai Yam,



HEALTH FAIR 2006

Please mark your calendars for the annual Health Fair, which is an event that provides general medical information to the public in Chinese. In the past, it has been extremely popular and well attended. It is a joint effort between the CCMSBC and the non-profit organization S.U.C.C.E.S.S.

This year's event will take place on Sunday October 8, from 9:00am to 4:00pm. It will be held at the S.U.C.C.E.S.S. Social Services Centre (Dr. Dorothy Lam Building), 28 W. Pender St, Vancouver. Admission is free. There will be lectures (in Cantonese and Mandarin), workshops, a lucky draw, health screening booths (blood sugar, blood pressure, weight, glaucoma, and diabetes), and information displays.

The theme for this year's Health Fair is "Disease Prevention". Aspects of prevention will be covered by our guest speakers: Dr. Anthony Chiu (Renal), Dr. Wilson Lee (Heart Attacks), Dr. Roger Wong (Stroke & Alzheimer's), Dr. Ian Tsang (Arthritis), Dr. Robert Chan (STD's), Dr. Hin Hin Ko (Hepatitis B), Dr. Lillian Wong (Hearing Loss & Tinnitus), Dr. Sunny Lee (Mental illnesses), Dr. Kwang Yang (Diabetes, Physical & Mental Well Being), Dr. Lica Chui (Eye disease), Dr. Jen Yu (Cancer), Dr. Harvey Hu & Dr. Ben Tsao (Traditional Chinese medicine), and Dr. Frank Hou (Hypertension). There will also be topics on dental care.

We greatly appreciate the time and expertise of our speakers. Many of the speakers are members of the CCMS.

Please let your colleagues, friends, and patients know about this important event. For more information, please call (604) 684-1628.

Dr. Edmond S. Chan (Pediatric Allergy & Asthma)
Health Fair Board Member and CCMS Board Member

Chinese Canadian Medical Society Foundation

c/o Suite 120 –5780 Cambie Street, Vancouver, B.C. V5Z 3A7

APPLICATION FOR C.C.M.S. (B.C.) SCHOLARSHIP

(open for family members of CCMS(BC) members only)

Name of Applicant:
(Please Print)

S.I.N.:

Birth Date:

Sex:

Current Address:

Phone:

Mailing Address:

Phone:

CCMS (BC) Sponsor:

Length of Membership:

EDUCATION RECORD: (Use additional sheets for more space, if necessary)

Secondary Education

Year

Post-Secondary Institution

(1)

Year

(2)

Year

Current Program Enrolled:

Extracurricular Interests/Awards:

RETURN THE COMPLETED APPLICATION TO THE FOUNDATION ALONG WITH THE FOLLOWING:

1. Transcript of academic record for the past year.
2. Reference letters from two unrelated individuals.
3. Brief account of yourself and why you should be the recipient of the scholarship (maximum 2 typed double spaced pages).

APPLICATION FOR CCMS FOUNDATION SCHOLARSHIP

It is time again for the application of the CCMS Foundation scholarship. This scholarship is open to children of our members. If you know any youngsters who are in postsecondary years, please encourage them to apply. The application form is in a separate sheet of this newsletter. **The deadline is October 30th, 2006 Monday.** Send the application with all accompanying documents to Dr Howard Liang, 120-5780 Cambie Street, Vancouver B.C. V5Z 3A7



200-601 West Broadway
Vancouver B.C V5Z 4C2
Telephone: 604-877-6040



CONCERT
BC CHAMBER ORCHESTRA
CONDUCTOR
THOMAS WANG
UBC CHAN CENTRE
SEPTEMBER 23, 2006

Dear Friends,

Current estimates are that by 2010 cancer will overtake cardiovascular disease as the number one killer in Canada. One in 2.3 men and one in 2.6 women will develop cancer in their lifetimes; almost a quarter of them will not survive their disease.

Our Campaign for Cancer Prevention calls upon Canadians to adopt (1) improvements of lifestyle and (2) early detection as the first line of defense against cancer. We shall raise funds to support cancer prevention programs.

The BC Cancer Agency lists five preventable risk factors: tobacco use, unhealthy body weight, improper diet, a lack of physical activity, and over-exposure to the sun. Paying attention to these factors may help Canadians prevent 50% of cancers.

Many cancers are curable in their early stages. For example, the five-year survival rates for breast cancer and prostate cancer are 87% and 92%, respectively. Colorectal cancer kills 40% of the diagnosed cases in BC, but early detection could cut mortality by 17%.

The BC Cancer Foundation was established in 1935; it is an independent charity that raises funds solely to support the BC Cancer Agency. The Agency has produced world-class research on prevention, diagnosis, and treatment of cancer. Treatment at the Agency's cancer hospitals has the best cancer outcome and survival rates in Canada.

The Campaign for Cancer Prevention will be highlighted with a concert by the **BC Chamber Orchestra at the UBC Chan Centre on Sept. 23, 2006.** It is to raise funds for the BC Cancer Foundation to support research and multicultural cancer prevention programs at the BC Cancer Agency. We cordially invite you to join us in this celebration.

Mail or fax Contribution to:
BC Cancer Foundation
200-601 West Broadwa
c/o Prevention Campaign 2006
Vancouver, BC
V5Z4C2
Fax: 604-877-6161

Contact Persons:
Dr. Chong The
Fax: 604-675-8233
Tel: 604-675-8072
cteh@bccrc.ca
Dr. George Ng
Fax: 604-325-1108
Tel: 604-325-2713
georgengdds@hotmail.com

On behalf of the Organizing Committee, we thank you for your generous support and your involvement in improving the quality of life.

Dr. Wallace Chung
Honorary Chair

Dr. George Ng
Chair

Honorary Patrons:

Honorable Gordon Campbell
Premier of British Columbia
Sophia Leung, CM
Former Member of Parliament
Edwin H. Yen, Ph.D.,
Dean, Faculty of Dentistry UBC

Advisors:

Dr. Victor Ling
Vice-President, BC Cancer Agency
Dr. David I. McLean
Head, Cancer Prevention Programs, BC Cancer Agency
Mary McNeil
President & CEO, BC Cancer Foundation
Dr. Simon Sutcliffe
President, BC Cancer Agency
Richard K. Wong
CEO, Richard Wong Group

Organizing Committee

Honorary Chair:
Dr. Wallace Chung, CM
Former Head, Department of Surgery, UBC Hospital

Chair:

Dr. George C. Ng
Founding President, Chinese Canadian Dental Society (BC)

Co-chairs:

Dr. Chong Z. Teh
Research Coordinator, BC Cancer Agency
Benjamin Li
Associate Executive Director (Hon.), Chinese Christian Mission of Canada
Bennie Yung, C.G.A.
Tung Fung Enterprises Inc.

Secretary

Dr. Carter K. Ng
President, Chinese Canadian Dental Society (BC)

Chinese Canadian Medical Society (B.C.) Indo China Medical Seminars 2006

November 03-20, 2006

Tuition Cost: \$275 for CCMS BC members;
\$375 for non-CCMS BC members; \$175 for non-CME participants.
Please make cheque payable to CCMS (BC) and send to Dr. Raymond Tong
Please complete all parts of the Registration Form, send/fax to Dr. Raymond Tong
#106 – 22838 Lougheed Highway, Maple Ridge, BC V2X 2V6
Tel: 604-467-4166 Fax: 604-467-5240

Vietnam, Cambodia, Myanmar & Bangkok 18 Days Tour

Departure date: Nov 3, 2006 (Friday)

\$4628 per person twin share Single supplement **\$980**

Land Only **\$3588** (without the international air ticket of Cathay Pacific Airways)

- Nov 3 **Vancouver → Hong Kong** Depart to Hong Kong (CX889 YVR/HKG 0120/0705+1).
- Nov 4 **Hong Kong → Hanoi (L/D)** Connection flight to Hanoi. Upon arrival, transfer to hotel for rest or free activity. Overnight in Hanoi.
- Nov 5 **Hanoi (B/L/D)** Hanoi city sightseeing—Ba Dinh Square, Ho Chih Minh Museum, Ho Chi Minh Mausoleum, Ho Chih Minh house on stilt, Ngoc Son Temple, One-pillar Pagoda, Temple of Literature. Stroll around 36 old quarters and shopping. Enjoy water puppet show at Royal Park. Overnight in Hanoi.
- Nov 6 **Hanoi - Halong (B/L/D)** Transfer to Halong Bay. Take boat trip through majestic Halong Bay, enjoy landscape by island and islets. Visit Caves Thein Cung Dau Go. Overnight in Halong.
- Nov 7 **Halong - Hanoi → Da Nang - Hoi An (B/L/D)** Transfer to Hanoi, fly to Da Nang, and then proceed to Hoi An. Hoi An sightseeing—Hoi An Ancient town, Japanese style Bridge Temple, Chinese Pagoda, Mr Tran's old house and visit lantern handicraft workshop. Overnight in Hoi An.
- Nov 8 **Hoi An - Da Nang → Ho Chi Minh City (B/L/D)** Transfer to Da Nang airport and fly to Ho Chi Minh City. Ho Chi Minh City sightseeing—Notre Dame Cathedral, Municipal Post Office, War Remnant Museum. Overnight in Ho Chi Minh City.
- Nov 9 **Ho Chi Minh City - Mekong River delta (B/L/D)** Trip to My Tho and sightseeing to Mekong River delta on the way. Cruise on boat and hand-rowing sampans, roam on the Orchard islets. Enjoy seasonal fruits, honey tea. Overnight in Ho Chi Minh City.
- Nov 10 **Ho Chi Minh City → Siem Reap (B/L/D)** Transfer to airport after breakfast and fly to Siem Reap. Visit silk farm, floating village. Overnight in Siem Reap.
- Nov 11 **Siem Reap (B/L/D)** Siem Reap sightseeing—South Gate of Angkor thom, Bayon, Phimeanakas, Elephant Terrace, the Terrace of Leper King, Angkor Wat, Ta Promh Temple, sunset from Bakheng Hill. Overnight in Siem Reap.
- Nov 12 **Siem Reap → Bangkok → Yangon (B/L/D)** Transfer to airport after breakfast. Depart to Bangkok and then fly to Yangon. Arrive Yangon. Yangon sightseeing—Chauk Htat Gyi Pagoda, Bogyoke Market, Shwedagon Pagoda. Transfer to hotel. Overnight in Yangon.
- Nov 13 **Yangon → Bagan (B/L/D)** Fly from Yangon to Bagan. Bagan sightseeing—Nyaung U Market, Shwezigon Pagoda, Ananda Temple, Thatbyinnyu Temple, Dhamhayangyi Temple, lacquer ware Industry, sunset from Buphaya Pagoda. Overnight in Bagan.

- Nov 14 **Bagan → Mandalay** (B/L/D) Fly from Bagan to Mandalay. Mandalay sightseeing—U Bein Bridge, Mahamuni Pagoda, marble carving workshop, tapestry workshop, Shwe Nan Daw Monastery, Kuthodaw Pagoda, sunset from Mandalay Hill. Overnight in Mandalay.
- Nov 15 **Mandalay → Heho - Inle** (B/L/D) Fly from Mandalay to Heho. Arrive Heho and proceed to Inle Lake. Inle sightseeing—floating cultivation, Paung Daw U Pagoda, one leg rower, silk weaving village. Overnight in Inle.
- Nov 16 **Inle - Heho → Yangon - Kyaikhtiyo** (B/L/D) Fly back to Yangon and proceed to Kyaikhtiyo by coach. Arrive Kyaikhtiyo, trip to Kinpum base. Climb up Ya the hill camp by truck. Proceed to Kyaikhtiyo Pagoda trekking. Overnight in Kyaikhtiyo.
- Nov 17 **Kyaikhtiyo - Bago -Yangon** (B/L/D) Coach to Bago. Bago sightseeing— Shwe Tha Lyaung Buddha image, Shwemawdaw Pagoda, Kyaik Pun Pagoda. Return to Yangon. Overnight in Yangon.
- Nov 18 **Yangon → Bangkok** (B/L/D) Yangon sightseeing in the morning—Sule Pagoda and downtown, Kaba Aye Pagoda, Maha Pasana Cave. Transfer to airport in the afternoon and fly to Bangkok (PG702 RGN/BKK 1310/1500). Overnight in Bangkok.
- Nov 19 **Bangkok** (B/L/D) Free activity in the morning. Half day Bangkok city tour in the afternoon. Farewell dinner in the evening. Overnight in Bangkok.
- Nov 20 **Bangkok → Hong Kong → Vancouver** (B) Transfer to airport after breakfast. Fly to Hong Kong and then fly back to Vancouver (CX838 HKG/YVR 1640/1220).

Package Price includes--

- International air ticket:
 - Vancouver/Hong Kong/Hanoi;
 - Ho Chi Minh City/Siem Reap/ Bangkok;
 - Bangkok/Yangon/Bangkok;
 - Bangkok/Hong Kong /Vancouver.
- Domestic air ticket:
 - Myanmar--Yangon/Bagan/Mandalay/Heho/Yangon;
 - Vietnam--Hanoi/Da Nang /Ho Chi Minh City;
- Twin share hotel accommodation (4-star):

Hanoi	Guoman Hotel	Yangon	Sedona Hotel Yangon
Ha Long	Royal Hotel	Bagan	The Hotel at Tharabar Gate
Hoi An	Hoi An Beach Resort Hotel	Mandalay	Sedona Hotel Mandalay
Ho Chi Minh City	Majestic Hotel	Inle	Lake View Resort
Siem Reap	Empress Hotel	Kyaikhtiyo	Kyaikhto Hotel
Bangkok	Mariott Hotel (5★)		

 - Meals: 16 breakfast at hotel, 14 lunch and 16 dinner.
 - Air conditioned coach and boat tour.
 - All sightseeing tour with English or Chinese Cantonese speaking guide as per itinerary.

Package Price excludes--

- Airport tax, airport fee and fuel surcharge (subject to fuel surcharge increase);
- Airport departure fee have to pay direct at the local airport.
- Visa fee of relevant countries for this tour;
- Guide, driver tips and porter fee.
- Travel insurance and personal expenses.

Spaces are Limited.

Please arrange booking with Rebecca Ho at Silkway Travel directly.
 4012 Cambie Street, Vancouver BC V5Z 2X8. Phone: 604-879-6018 Fax:604-879-6096

Chinese Canadian Medical Society (B.C.) Membership Application

- Full \$100 (2 years—January 1,2006 - December 31,2007)
 Associate \$100 (2 years—January 1,2006 - December 31,2007)
 Life \$500
 Student/Resident - Free

Name _____

Office Address _____

Office Tel: ()-_____ Office Fax: ()-_____

E-mail: _____

Home Address: _____
(optional) _____

Home Tel: ()-_____

Mailing Address (check one) Office Home

Academic

Family Practice: _____

Obstetrics/Special Interest: (pls specify): _____

Specialty: _____

Degree: _____

Medical School: _____

Year of Graduation: _____

Postgraduate: _____

Affiliated Hospitals: _____

Social

Language: _____

Hobbies: _____

- Interest in CCMS committee
 Interest in giving lectures/ radio talk

Please make cheque payable to CCMS and return with the completed cheque to:

Dr. Thomas Wong
 #2180 Aberdeen Center
 4151 Hazelbridge Way
 Richmond B.C. V6X 4J7

Ph: 604-233-0068 Fax: 604-233-0078

CCMSBC 2006-7 Board of Directors

Name	Booard Directors	e-mail	tel (office)
Dr. Paul Chin	President	paulchin@doctor.com	6045198548
Dr. Paul Wong	Vice -President/CME	drpaulwong@allstream.net	6048793320
Dr. Raymond Tong	Treasurer	gilliana@shaw.ca	6044674166
Dr. Thomas Wong	Membership/ AGM	thomaswong@telus.net	6042330068
Dr. Urbian Ip		Urbain.Ip@fraserhealth.ca	6045855530
Dr. Howard Liang	CME	hshliang@hotmail.com	6043232923
Dr. Tony Wong	Health fair/AGM	eyewong11@yahoo.com	6046818963
Dr. Kwang Yang	Radio program	kyang@doctor.com	6045812611
Dr. Edmond Chan	Health fair/AGM	esch83@yahoo.com	6048764433
Dr. Hin Hin Ko	resident rep./Canotonese course	hhin@interchange.ubc.ca	6047328813
Dr. Jessica Chan	web coordinator/ Cantonese course	jesschan@shaw.ca	6047386811
Dr. Stephanie Au	Resident rep/ Cantonese course	sypau@interchange.ubc.ca	
Ms Ka Wai Yam	Secretary/student rep.	kawaiyam@interchange.ubc.ca	
Ms Winnie Fu	Secretary/student rep./ Cantonese course	akaie@interchange.ubc.ca	

Your Biannual Membership is due for Renewal

Please fill up the application form in page 7
 CCMSBC need on-going supports from our members

Please submit articles or correspondence for the next newsletter to

The Editor, CCMS(BC) Newsletter
 Attn: Dr. Paul Chin

Queen's Park Care Center
 Geriatric Services
 315 McBride Boulevard
 New Westminster, B.C. V3L 5E8

Or e-mail to paulchin@doctor.com

Please also our website www.ccmsbc.ca
 for new information and events.