



Chinese Canadian Medical Society (BC)

加華醫學會

Jun 2004

President's Letter

President's Report May 2004

This is my first President's report to the membership of CCMS(B.C.) since being honor with the position at our AGM of May 1, 2004. For those of you who had been unable to attend the event, a copy of the AGM minutes will be posted on our website <http://www.ccmsbc.ca> Please log on to keep yourselves up to date on the important news of our society.

A big thanks to the organizing committee for a most successful annual dinner and dance evening. Dr. Howard Liang, the chair of the committee, will have his report posted for your information. Thanks also to the ever-energetic Dr. Thomas Wong, our most excellent MC for the evening.

Inside this issue:

President's Letter	1-2
AGM Report	3
Distinguished Speaker Series	4
Health Fair/Foundation Report	5
CCMS membership application	6
Snap shots of activities in 2003-04	7
Board Directors List	8

Your new Board of Directors had their first meeting on May 17, 2004, to review the duties of various Board members. A list will appear in this newsletter, so that members will know which of our Board members they should contact to give their input.

We are always looking forward for ideas and suggestions, and we are always ready to welcome to the Board new blood with energy and enthusiasm.

A copy of our bylaws is also on our website, and so are our membership application forms. Please look us over and be involved!

We are now coming to an important crossroads in the history of our society. 2005 marks the 20th year of the official launching of the CCMS(B.C.). I was told by Dr. Howan Koo that this arose from a series of social get-togethers of Chinatown area Chinese physicians. After the inauguration of our organization, physicians from Vancouver, then from outside the Vancouver area, started requesting inclusion in the CCMS(B.C.) functions and events.

Throughout the years, our Board members and various committees' hard work and successful CCMS(B.C.) sponsored events have resulted in our Treasury now having close to \$120,000 cash balance. Our 20th Anniversary International Conference will be on June 10-12, 2005 under the direction of Drs. Paul Chin, Peter Chung, Tony Wong, Howard Liang Thomas Wong and Peter Kwan is sure to be another success story for your society.

This is all accomplished in spite of our membership having plateau around 200.

I would like to challenge all existing members to canvas their colleagues for new members from their own geographic areas, and to get involved by volunteering themselves to serve on the Board. Any and all ideas and input on how to attract new members would be much appreciated. We have been lucky to have previous able presidents, but since the change over of the millennium, we have seen few new faces on the Board.

As your current President, I am hopeful that I will be able to welcome more new members into the CCMS(B.C.), and to form ties with other similar associations in BC and in the rest of Canada. This will help us enshrine the principles set out for us by our founding members through our bylaws.

Respectfully submitted,
Ray Tong MD



2005 International Conference & Gala

We are pleased to inform everyone that our next International Conference will be held in Vancouver on June 10-12th, 2005. This will also coincide with our 20th Anniversary of our society. The theme of the conference will be “ East Meets West : Health Challenges in the 21st Century”. Prominent speakers have been invited including physicians and scientists from Asia, USA and Canada to deliver lectures on varieties of topics from cardiology, gene therapy to meditation therapy. Our last conference was held in 2001 and it was a very successful event involving 300 delegates from all over Canada. We will encourage everyone continue to participate in the conference and also celebrate the 20th Anniversary together. We will continue update the events in the upcoming newsletter.

Again, please mark the date: June 10-12th, 2005

Report of AGM

The AGM Dinner & Dance was held on May 1st, 2004. It was held at the grand ball room of Radisson President Hotel & suites in Richmond. It was attended by over 170 guests including our guests of honor Dr John Turner of BCMA and Dr Christopher Chung of CCDS. With the help of the voluntary medical students, we had a smooth registration and everybody was allowed to choose between the two great menus of either prime Angus steak or sea bass. While everybody was seated and listening to the speeches, very nicely made appetizers were offered. Dr Peter Chung has given advice on the choice of red and white wine for the dinner. I heard a lot of positive comment on the desert, although not everybody could finish it. We were lucky to have many generous donors for prizes well over \$4000 worth for the luck draw. The first prize was an air ticket from Vancouver to L. A. donated by HMY airways. There were so many prizes that we had to divide them into three lots to completely give them out. The 50/50 draw was well received too. With the charm of our medical students and the persistent effort of Dr Thomas Wong, we collected over \$2000 dollars. \$1000 went to the 3 prizes and the rest were saved for the annual scholarships given out to children of our members by the CCMS foundation. Dr Thomas Wong was kind enough to be our master of ceremony. The Yasel's brother and sister performed beautifully two segments of ballroom dancing. Many of our guests are avid ball room dancers. They were all amazed by the flawless performance by the two young teenagers. Finally, the dance floor was opened to the guests with the music from the famous Howe Sound Band. I want to thank all the board members for their help in selling the tickets and specially Dr Thomas Wong for his guidance in organizing this event.

Submitted by Dr Howard Liang



Chinese Canadian Medical Society (B.C.)

presents

The Fourth Distinguished Speakers Series

- Date: June 30th 2004 (Wednesday)
Place: Imperial Chinese Seafood Restaurant
355 Burrard Street, Vancouver. 604-688-8191 (Valet Parking Available)
Time: Reception: 6:30 pm
Dinner: 7:00 pm Sharp
Presentation: 8:15 pm
Ticket: CCMS members: \$30 pp
Member's spouse: \$50 pp
Sorry, due to the limited number of seats, no guests are allowed for this event. Register early, first come first serve. No drop-ins !!
Speaker: **Dr. Gabor Mate**
Topic: ***When The Body Says No: The Cost of Hidden Stress***

Introduction: Dr. Mate is a Family Physician with over 30 years of practice in Vancouver. He was Medical Coordinator of the Palliative Care Unit at the VGH. Currently he is the staff physician at the Portland Hotel, a residence and resource center for the people of Vancouver's Downtown Eastside. Many of his patients suffer from mental illness, drug addiction and HIV, or all of three. He is author of "Scattered Minds", "When The Body Says No", and most recently, "Hold on to Your Kids: Why Parents Matters". Dr. Mate has had regular medical columns in the Vancouver Sun and the national Globe and Mail. In his talk, Dr. Mate will synthesis for us the latest research in the field of psychoneuroimmunology and his view on the need for a 'mindbody' approach to medicine.

Do Not Miss This Unique Opportunity to Listen to a Compassionate and Insightful Speaker

For Tickets: contact Dr. Peter Chung Phone: 604-942-6011

Mail cheque to: #203, 1465 Salisbury Avenue, Port Coquitlam, BC V3B 6J3

Health Fair 2004

In collaboration with SUCCESS, the CCMS health fair committee is pleased to present this year's health fair on June 27th, 2004 (Sunday) at the SUCCESS West Pender Street Building in Vancouver.

The Chinese Dental Society, The Heart and Stroke Foundation, Vancouver Coastal Health Authority, and The Canadian Cancer Society sponsor this event.

Our speakers include: Dr. Vincent Ho, Dr. Joseph Tsui, Dr. Susan Kwan, Dr. Ian Tsang, Dr. Peter Kwan, Dr. Roger Wong, Dr. P.K. Lee, Dr. Peter Yeung, Dr. Yeung C Woo, Dr. Frances Wong, Dr. Chris Man, Dr. Jenise Yue, Dr. Robert Yong, Dr. Zhou Youwen, Dr. Kwang Yang, Dr. Shian Gu and Dr. Xin Wang.

Topics include: Skin cancer, Parkinson's disease, SARS/Avian Flu, Arthritis and Diet, Colon Cancer, Alzheimer's disease, Heart and Lipids, Cervical cancer, breast cancer, Nasopharyngeal cancer, Prostate cancer, Childhood vaccination, prenatal care, nutritional talks, and dental topics. There will also be free sugar testing, blood pressure monitoring, intra-ocular pressure reading by ophthalmologist, heel ultrasound measurement for bone density and hearing screening by certified audiologist.

The lectures will be conducted in both Cantonese and Mandarin.

The health fair will take place from 9:30am to 3:30pm with one-hour lunch break for opening ceremony.

As before, the fair is free to the public.

Details of the event will be announced in local radios and newspaper closer to the event date.

CCMS Members please remind your patient to attend this year's event or attend the event yourself to give us your ideas and suggestions.

Submitted by Dr. Peter Chung

For further information call: 604-942-6011

ANNUAL REPORT OF CCMS FOUNDATION

- 1. UBC awards** – The Foundation gives out two awards every year managed by the Development Office at UBC. The first is an annual scholarship of \$1050 awarded to a medical student demonstrating interest in “cross cultural medicine”. For the year 2003-2004, the winner is **Ms Jennifer Marie WAKELY** of Vancouver, B.C. The second is an annual prize in psychiatry of \$900 awarded to a 4th year medical student demonstrating academic excellence in Psychiatry. For the year 2002-2003, it went to **Ms Jennifer Louise BARR** of Vancouver B.C. Congratulations to the winners.
- 2. CCMS (BC) Scholarships** – With generous support from the members of our Society, a 50/50 draw raised \$1,150 for the scholarship fund during the 2003 CCMS AGM Dinner and Dance Event. . Congratulations to Ms. Jeraldine Chan, the winner and her parents, Dr. & Mrs. John K.F. Chan. Ms Chan is a first year Simon Fraser University student. She won the scholarship of \$500 with her outstanding achievements this year. At the 2004 AGM dinner and dance, we managed to raise over \$1000 for the awards next year.
- 3. Election of 2004–2005 Board of Directors** – With great pleasure, Dr Augustine Lam had return to the Board. Dr. Thomas Wong, Dr Peter Kwan, Dr Peter Chung and Dr Kwang Yang have kindly agreed to stay on the Board as members for the coming year. Dr. Howard Liang was elected unanimously by the members present at the last AGM to be the President for the term 2004-2005.

Respectfully submitted,

Howard Liang, MB, FRCP(C)
President, CCMS Foundation

Chinese Canadian Medical Society (B.C.) Membership Application



- Full \$80 (2 years—January 1,2002 - December 31,2003)
- Associate \$80 (2 years—January 1,2002 - December 31,2003)
- Life \$400
- Student/Resident - Free

Name _____

Office Address _____

Office Tel: ()-_____ Office Fax: ()-_____

E-mail: _____

Home Address: _____
(optional) _____

Home Tel: ()-_____

Mailing Address (check one) Office Home

Academic

Family Practice: _____

Obstetrics/Special Interest: (pls specify): _____

Specialty: _____

Degree: _____

Medical School: _____

Year of Graduation: _____

Postgraduate: _____

Affiliated Hospitals: _____

Social

Language: _____

Hobbies: _____

- Interest in CCMS committee
- Interest in giving lectures/ radio talk

Please make cheque payable to CCMS and return with the completed cheque to:

Dr. Thomas Wong
#2180 Aberdeen Center
4151 Hazelbridge Way
Richmond B.C. V6X 4J7

Ph: 604-233-0068 Fax: 604-233-0078

Snap Shots of Activities in 2003-2004

Chinese New Year Celebration



Easter Golf Trip & CME



CCMS Board Meeting



CCMS Board of Directors 2004-2005

Title	Name	Office Name
President	Dr. Raymond Tong	604-4675240
Past President	Dr. Peter Kwan	604-8210929
Treasurer	Dr. Eddie Wong	604-4510079
Membership	Dr. Thomas Wong	604-2330068
Newsletter/Webmaster/Vice-President	Dr. Paul Chin	604-5198548
Radio Program (Cantonese)	Dr. Peter Chung	604-9426099
Radio Program (Cantonese)	Dr. Kwang Yang	604-5815069
Radio Program (Mandarin)	Dr. Connie Zhang	604-4306690
CME	Dr. Howan Koo	604-2631265
International Conference	Dr. Tony Wong	604-6818963
Career Night	Dr. Augustine Lam	604-3030373
AGM	Dr. Howard Liang	604-3232923
Secretary	Ms. Stephania Au	
Secretary	Ms. Ada Man	
Board Member	Dr. Juliet Kwong	604-7380889

Please submit articles or correspondence for the next newsletter to

The Editor, CCMS(BC) Newsletter
Attn: Dr. Paul Chin

#203, 1465 Salisbury Avenue
Port Coquitlam, B.C.
V3B 6J3
Fax: 604-941-6011

Or e-mail to paulchin@doctor.com

Please also our website www.ccmsbc.ca for new information and events.

Time To Renew Your Membership

Just to remind everyone that it is time to renew your biannual membership. Our renewal or application form will be available in this newsletter or download from our website www.ccmsbc.ca. Our society need your continue support and we also encourage everyone to bring in new member to our society for our continue growth.