

President's Letter

June 29th, 2014

Thanks to the CCMS(BC) board, I have been entrusted with the honour of overlooking the mandate of our society for the next 2 years. While this task seemed daunting, I have had the good fortune to observe 3 previous hard working presidents during my time as a board member. Over the next 2 years I plan to copy the way Dr. Edmond Chan (2007-2008) handled delicate situations with sensitivity, grace, and diplomacy.



I will try to decipher complex bureaucratic situations with Dr. Urbain Ip's ease and clarity (2009-2011). Last but not least, I will emulate Dr. Jen Yu's admirable work ethic (2011-2014). Jen has great inner strength and a tireless drive to make everything better.

Over 100 years ago, my grandfather arrived in Victoria BC to work for CP Rail. He paid the infamous \$500 head tax. This year the BC government formally apologized on behalf of all British Columbians for this dark period in our history when over 100 racist laws were imposed against Chinese immigrants. In the mid 1970's my family finally arrived in Canada to join my grandfather. Around this time, the sitting CMA president made a comment about the large number of Chinese students in Canadian Medical Schools. This started groups of Chinese-Canadian physicians across Canada to react and eventually CCMS(BC) was born. In 2014 the political attitude towards immigration is drastically different but our society's mandate is not. We must continue to foster fellowship among Chinese Canadian physicians of BC and promote health awareness in the Chinese Community. We must continue to advocate for the Chinese immigrants that cannot or don't know how to advocate for themselves.

With this in mind, CCMS was proud to have participated in the iCON Chinese Health Forum on Healthy Aging on June 21st 2014 at the Chinese Cultural Centre of Greater Vancouver. The mentorship group had a great time touring the gorgeous new Surrey Memorial Hospital Critical Care Division with Dr. Urbain Ip. And many of us had a fantastic evening at our annual gala organized by Dr. Thomas Wong.

In July we look forward to participating in the Walk with the Dragon event with S.U.C.C.E.S.S. As always we have been working all year toward our annual health fair with CCDS and S.U.C.C.E.S.S. in September. The theme this year is liver disease, a very relevant topic in the Chinese community.

Dr. Elinda Ho CCMS (BC), President

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Sept 21st, 2014

Announcements:

2015 Scholarship Application

The award is given to family members of CCMSBC members who have demonstrated excellence in academic or non-academic aspects. The awards will be presented to the recipients at the Annual Dinner and Dance held in 2014. Please see website for further details. http://ccmsbc.org/awards

Recruiting Mentors!

We are starting to recruit mentors who are interested in meeting and educating medical student members for the 2014/15 program. If interested, please contact our board members at http://ccmsbc.org/contact.

Membership Committee Report

Welcome to the following new members:

Student/Resident Member Zeng Xuan HU (General Surgery)

Ting Ya Emily CHANG (MD 2016)

Raymond YIP (MD 2016)

Website

Our new and improved website is up and running.

Please visit www.ccmsbc.org for news and upcoming events.

E-Mail Addresses

We are now paperless.

WE NEED YOUR CURRENT CONTACT E-MAIL ADDRESS in order to keep on touch with you.

Please advise our Executive Assistant Miss Karen Cheng via e-mail kchengccms@gmail.com or via the Contact Section in our website of your current e-mail address.

Dr. Thomas WongMembership Chair





Chinese Canadian Medical Society (B.C.) Membership Application

Membership Dues:		y 1, 2014 - December 31, 2015) y 1, 2014 - December 31, 2015)
Name: Office Address:		
	Fax: _	
E-mail: Home Address: (Optional)		
Home Tel:		
Mailing Address: (che	eck one) 🗆 Office 🗆 Home	
□ Locum □ Specialty: Degree(s): Medical School: Year of Graduation: Postgraduate: Affiliated Hospitals:	Special Interest: New Patients: □ Accepted □ Not Acce	epted
Personal Profile Language: □ Cantone □ Interest in CCMS (I □ Interest in giving le		Please make cheque payable to CCMS (BC) and return with the completed form to: Dr. Thomas S. Wong #2180 Aberdeen Centre, 4151 Hazelbridge Way, Richmond, B.C. V6X 4J7 Ph: 604-233-0068 Fax: 604-233-0078

Annual Dinner and Dance



*2014 CCMS Board Members

REPORT on the ANNUAL GALA 2014

Another successful gala was held on May24, 2014 at the Fairmont Waterfront Hotel. We had 156 guests in attendance. The total attendance was down from previous years. Masters of Ceremony were Dr. Ka Wai Yam and Dr. Thomas Wong.

Dr. Elinda Ho was elected President of CCMSBC at our AGM, which was held just prior to the gala. Dr. Jen Yu was thanked for her leadership during the past 3 years. Special guests in attendance included Dr. Howan Koo (one of our Honorary Members), Dr. William Cunningham (President of Doctors of BC), and Dr. Jonathan Wu (president of CCDSBC).

The CCMSBC Scholarships were presented to 2 very worthy recipients: Miss Anika Lee and Miss Elizabeth Wong.

As in the previous years, the cocktail reception was sponsored by Dr. Francis Law. A total of 41 door prizes were given away to our lucky winners. The generous support of all our donors was much appreciated. The 50/50 draw resulted in a net proceed of \$895 towards our scholarship fund.

The evening entertainment began with a 20-minute stretching and work out led by Melissa Taylor, a registered kinesiologist. This was followed by dancing music provided by Federico.

Dr. Thomas WongGala Committee Chair



* Exercise Activity with Melissa Taylor, kinesiologist



* Scholarship reciepients



* Volunteers



Mentorship Program Event

Visiting Surrey Memorial Hoptital





On June 19, 2014, Dr. Urbain Ip gave a wonderful tour of the new Critical Care Tower at Surrey Memorial Hospital to the CCMSBC Mentorship Group. Drs Elinda Ho, Jen Yu, and their mentees learned about the significance of hospital design and organization systems with respect to patient-centred care.

The Emergency Department consists of separate adult and paediatric units, along with a separate mental health area for privacy and safety. In order to keep paediatric patients and their families close, the building also has an in-hospital Ronald McDonald House beside the Neonatal Intensive Care Unit. Students were also able to appreciate the highly innovative and efficient communication systems of the hospital. As Surrey Memorial is a clinical academic campus of the UBC Faculty of Medicine, the mentorship group was able to view the technologically advanced lecture hall, on-call suite, and fully equipped clinical teaching rooms.

Students and mentors greatly value their experiences from the Mentorship Program. If you are interested in becoming a mentor for next year, please contact our board members at: http://ccmsbc.org/contact.

The next Mentorship Program event will be on July 20, 2014, at the SUCCESS Walk with the Dragon. All CCMSBC members are welcome to join!

For more information, please visit http://www.ccmsbc.org/node/46.

Bonnie SzetoCCMS Year 2 Student Representative



Volunteering at ICON Chinese Health Forum



During the health fair on Geriatric health, our society showed strong presence at the fair. Our blood pressure station was met with great popularity. Our booth was ran by three first-year medical students who took time out of their summer vacations to volunteer at this event. Among our guests who visited our stations were officials from BC Ministry of Health and iCON. All the students enjoyed their experiences promoting healthy living in the Chinese community.

Max Liu CCMS Year 4 Student Representative

* Photos courtesy of Benny Lee, third year medical student at UBC



Upcoming Events



<u>Please Join CCMSBC Team at</u> the 2014 S.U.C.C.E.S.S. Walk with the Dragon Event

The 29th annual S.U.C.C.E.S.S. Walk with the Dragon, one of Vancouver's most festive community-based charitable events, is returning to scenic Lumbermen's Arch, Stanley Park on Sunday, July 20, 2014. Annually more than 13,000 participants, including over 300 teams, show their support by following the colorful S.U.C.C.E.S.S. dragon on a scenic 7-km panoramic walk along the famous Stanley Park seawall to raise funds for S.U.C.C.E.S.S., one of the largest social service providers in British Columbia.

CCMSBC will join this event as a team, CCMSBC. Please add your name and plege online at http://ccmsbc.org/node/46. We also organize this as an event of our Mentorship Program. Come to join the team, exercise and raise funds for a good cause.

Dr.JenYuPast President, Website

Upcoming Events



Health Fair 2014: Liver Diseases: Prevention and Treatment

The purpose of the annual Health Fair (since 1991) is to provide up-to-date health education to the public in Cantonese and Mandarin. The Health Fair continues to be a collaborative effort with **CCMSBC**, S.U.C.C.E.S.S, CCDSBC, and UBC ICON.

Date: Sunday, Sept 21, 2014, 9:30 am to 4:00 pm

Place: Bonsor Recreation Complex, 6550 Bonsor Avenue, Burnaby, BC V5H 3G4, Canada (close to Metrotown mall)

Format: Lectures, Interactive workshops, Booths & exhibits, Health screening, Prizes

This year's theme: Liver Diseases: Prevention and Treatment

Speakers: Physicians & dentists with expertise in topics related to the annual theme. There will be both Cantonese and Mandarin sessions.

For further information, please visit http://healthfairbc.com/