

President's Letter



Apr 05, 2015

Happy Spring! Even though this winter was mild, it's still a joy to see longer days and more sunshine. With spring upon us there's only one thing that comes to mind: the CCMS gala, the annual extravaganza organized by Dr. Thomas Wong. This year it's on May 2, 2015 at the Fairmont Waterfront hotel. It'll be another evening of great food, dancing, and catching up with friends.

I was recently invited to participate in a radio talk show about health care for the Chinese community in the Lower Mainland. It was an opportunity for me to learn about the history of our society's activities by reaching out to the more experienced CCMS members. I learned our society has so much to be proud of. We have, as a society and as partner to many prominent groups, accomplished a lot to improve health care in the Chinese community. Some of our worthwhile activities include our Annual Health Fair in the fall, Asian PAP smear clinic, Vancouver Chinese Diabetes education center, public education on TV and radio, career nights and Chinese language course for medical students, scholarships and mentorship to medical students, and regular CMEs for physicians. Our partners in health include S.U.C.C.E.S.S., Chinese Canadian Dental Society, UBC ehealth strategy office, BC Transplant Society, BC Liver Society, BC Cancer Society, and so many more!

As a society we need to keep track of our accomplishments so the more junior members can see the caliber of society they have joined. If anyone can think of other activities I have missed please send a message via our web site, <http://www.ccmsbc.org/>.

Dr. Elinda Ho
CCMS (BC),
President

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Announcements:

2015 Scholarship Application

The award is given to family members of CCMSBC members who have demonstrated excellence in academic or non-academic aspects. This Scholarship will be given at the Gala this May.

<http://ccmsbc.org/awards>

CME Invitation Via Email Only

Don't miss our CMEs! Please keep your email address up-to-date by contacting our Executive Assistant Miss Karen Cheng
kchengccms@gmail.com

Acknowledgement

Thank you to Benny Lee, 4th year medical student, for providing numerous photos used in this Newsletter.

Membership Committee Report

Welcome to the following new members:

Life Member

Dr. Jane Wu (Internal Medicine)

Active Member

Dr. Richard Hay (Family Practice)

Student/Resident Member

Alex Wong	Angie Xiong
Bennett Cheung	Bonnie Cheung
Cindy Ding	Cynthia Ye
Daphne Lu	David Mo
Dennis Ma	Eric Wong
Forson Chan	Grace Lee
Harrison Lee	Heidi Mah
Jieqing Xu	Jimmy Guo
Jong Wook Lee	Josiah Ng
Jusung Hwang	Linda Wang
Lingge Li	Lisa Ying
Michael Xu	Ming Wang
Ryan Uy	Shika Card
Thomas Ha	Wilson Lee
Wynn Tran	Yale Tang
Zach Stansfield	

Website

Our new and improved website is up and running.

Please visit www.ccmsbc.org for news and upcoming events.

E-Mail Addresses

We are now paperless.

WE NEED YOUR CURRENT CONTACT E-MAIL ADDRESS in order to keep on touch with you.

Please advise our Executive Assistant Miss Karen Cheng via e-mail kchengccms@gmail.com or via the Contact Section in our website of your current e-mail address.

Dr. Thomas Wong
Membership Chair



Chinese Canadian Medical Society (BC)
加華醫學會

Chinese Canadian Medical Society (B.C.) Membership Application

Membership Dues:	<input type="checkbox"/> Active \$100	(2 years—January 1, 2014 - December 31, 2015)
	<input type="checkbox"/> Associate \$100	(2 years—January 1, 2014 - December 31, 2015)
	<input type="checkbox"/> Life \$500	
	<input type="checkbox"/> Student/Resident - Complimentary	

Name: _____

Office Address: _____

Office Tel: _____ Fax: _____

E-mail: _____

Home Address: _____
(Optional)

Home Tel: _____

Mailing Address: (check one) ☐ Office ☐ Home

Academic Profile

☐ Family Practice: Special Interest: _____

New Patients: ☐ Accepted ☐ Not Accepted

☐ Locum

☐ Specialty: _____

Degree(s): _____

Medical School: _____

Year of Graduation: _____

Postgraduate: _____

Affiliated Hospitals: _____

Personal Profile

Language: ☐ Cantonese ☐ Mandarin ☐ Others _____

☐ Interest in CCMS (BC) committee work

☐ Interest in giving lectures / radio talks

Please make cheque payable to CCMS (BC) and return with the completed form to:

Dr. Thomas S. Wong
#2180 Aberdeen Centre,
4151 Hazelbridge Way,
Richmond, B.C. V6X 4J7

Ph: 604-233-0068 Fax: 604-233-0078

Chinese New Year 2015



The annual CCMS Chinese New Year Celebration Dinner was held on March 8, 2015, at the Flamingo Chinese Restaurant. Doctors, residents, medical students, and guests attended the event to celebrate the arrival of the Year of the Sheep. Everyone enjoyed an evening filled with fun games, prizes, delicious food, and a traditional Lion Dance. Special thanks to our organizer, Karen Cheng, and MCs, Yvonne Sin and Ian Wong. We hope to see everyone again at next year's dinner!

Please go to our website for more pictures: <http://www.ccmsbc.org/cny-2015/index.html>

Bonne Szeto
CCMS Year 3 Student Representative





2014/15 Mentorship Program

The CCMS Mentorship Program offers the unique opportunity for UBC medical students to be paired with physician mentors in the various fields of medicine including family medicine, internal medicine, emergency medicine, pediatrics and endocrinology. Past mentees have had extremely positive experiences through this program as it provided them the opportunity to gain insight into their interested fields of medicine. In addition, past mentees found that the guidance their respective mentors provided to be pivotal in shaping their future careers in medicine. Mentors and their mentees connect through a variety of activities that have included hiking the beautiful mountains, to dining on delicious dimsum and chatting over a cup of coffee.

Since its conception, the mentorship program has been extremely popular amongst the UBC medicine student body. As such, we are currently looking for more mentors to become a part of the Mentorship program for next year. The activities you and your mentee share can vary according to your preferences as it is flexible. The mentorship you can offer to the medical students is extremely valuable and greatly appreciated.

Interested and looking for more information?

Please email Ian Tin Yue Wong at ian.ty.wong@alumni.ubc.ca with any questions you have. Thank you!

Ian Tin Yue Wong
CCMS Year 1 Student Representative



* Above: The CCMS 2015-16 Mentors and Mentees

CME # 1

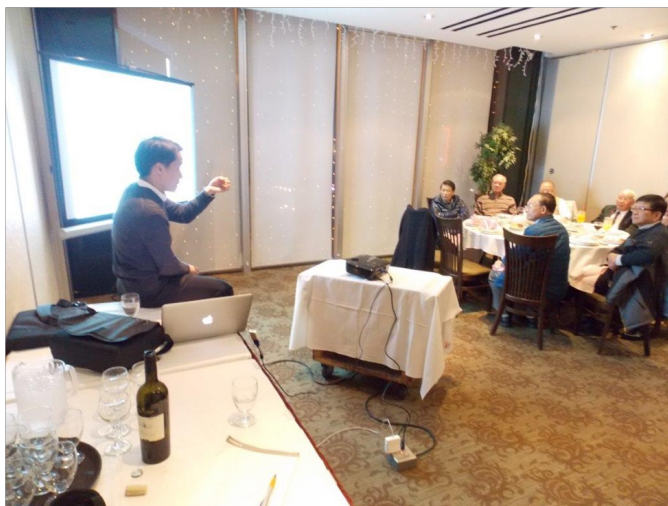
On January 27, 2015 Dr. Albert Chan presented a CME at Sun Sui Wah Restaurant:

“Current Status of Transcatheter Aortic Valve Implantation for Severe Aortic Stenosis”

Dr. Chan is a Clinical Associate Professor in the department of Medicine at UBC. He is the Director of Cardiac Laboratories and Interventions at Royal Columbia Hospital. We learned who should be referred for investigation and treatment for aortic stenosis. The options of treatment and current indications for each modality, what is TAVI (transcatheter aortic valve implantation), how it's done, the post-procedural management and follow up on such a procedure were all reviewed. The safety and effectiveness data of TAVR with the CoreValve prosthesis was compared to surgical valve replacement in symptomatic patients with severe aortic stenosis at increased surgical risk.

Many thanks to Medtronic for sponsoring this educational event. Stenosis”.

Dr. Elinda Ho
CCMS(BC) President



CME # 2



On February 25, 2015 Dr. Sylvie Langlois and Ms. Jennifer Kaplan presented a CME at Sun Sui Wah restaurant:

“Update on Prenatal Screening: NIPT in BC”

Dr. Langlois is a clinical geneticist at BCWH and medical director of the Provincial Prenatal Genetic Screening Program. Ms. Kaplan is a licensed certified genetic counselor. She completed her graduate work in Human Genetics at Sarah Lawrence College in New York and has 10 years of experience in clinical prenatal genetic counseling at Cedars Sinai Medical Center in Los Angeles. They reviewed the latest in non-invasive prenatal test (NIPT), the methodologies and patient access in BC. We were introduced to a higher standard of care in Trisomy testing and X/Y chromosome analysis, the Harmony prenatal test that assesses the risk of trisomy 21 with greater accuracy and is clinically validated for use in pregnant women of any age or risk category. In contrast to conventional prenatal screening methods using serum proteins and ultrasound that have a higher false positive rate, causing health care providers and their patients anxiety about invasive testing.

Many thanks to Ariosa for sponsoring this educational event.

Dr. Elinda Ho
CCMS(BC) President

CME # 2



CME # 3

On March 25, 2015 Dr. Hin Hin Ko presented a CME at Sun Sui Wah Restaurant:

“IBS with Constipation and Chronic Idiopathic Constipation: New Treatment”

Dr. Ko is a Clinical Assistant Professor, University of British Columbia, Division of Gastroenterology, St. Paul's Hospital, Vancouver, BC. She is extensively published and has won multiple academic awards since her secondary education. She is an avid educator of all who show interest, from the general public to medical residents. She is a life member and a director of CCMS BC. Members of CCMS recognize her selfless dedication to community service.

This well attended event enabled the participants to understand IBS-C and CIC through the review of the Guanylate Cyclase-C agonist class and its impact within clinical practice. Dr. Ko explained how linaclotide is different from other agents through the review of its unique mechanism of action and the clinical body of evidence supporting its use.



Dr. Elinda Ho
CCMS(BC) President



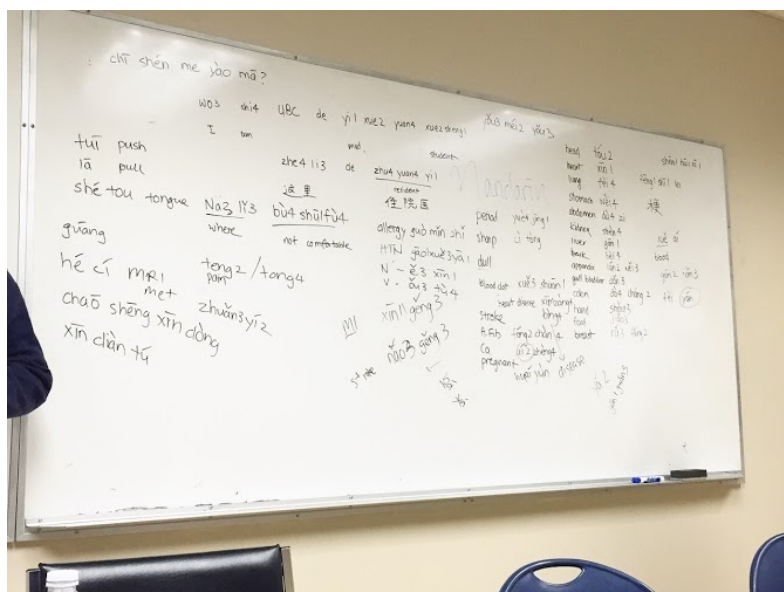
Chinese Medical Language Workshop



The Chinese Medical Language Workshop was held on April 9, 2015, and was well attended by UBC Medical and Dental students. Separate workshops were conducted in Mandarin and Cantonese. While enjoying some delicious food, students also enjoyed learning about basic medical terminology and how to ask medical interview questions. They also received useful resources for future reference as they progress throughout their careers. The workshop was found to be practical, especially for interacting with our patient population in the Lower Mainland.

Bonne Szeto
CCMS Year 3 Student Representative

Chinese Medical Language Workshop. Cont'n



Upcoming Events

Annual General Meeting/ Gala 2015

In the past, the AGM and Gala is one of our largest and most anticipated event of the year. This year will be even more of a celebration as it is the **30th anniversary** since the establishment of the society in 1985. This is a fantastic night for great food, meeting/ reuniting with other CCMS members, and live entertainment.

DATE: Sat, May 2nd, 2015

PLACE: The Fairmont Waterfront (900 Canada way, Vancouver)

TIME: 6pm Cocktail reception; 7pm dinner; 9:30pm Dancing.

Get your tickets online:

<http://ccmsbc.org/register>

Dr. Kristy Cho
Resident Board Member

Here are some highlights from last years AGM:

