



# 關節炎協會 免費健康論壇



## 關節炎知多點

*Ask The Experts: Arthritis & You*

**主講人:**

曾廣營醫生，黃憲網醫生，  
李中慧博士

這個廣東話及普通話講座可與關節炎專家了解更多有關不同類型的關節炎，目前的治療方案，有什麼新的研究。了解什麼可以做、控制症狀和痛楚。

**日期：**7月26日 (星期六) July 26

**時間：**上午10:30至下午12:30

**地點：**Thompson Community Centre  
5151 Granville Ave., Richmond

**座位有限！**

**登記：**致電 604-875-5002 (廣東話)  
或 604-714-5550 (英語)

**Presented by:**

Dr. Ian Tsang, Dr. Simon Huang,  
*Rheumatologists*  
Dr. Linda Li  
*Physiotherapist/Senior Scientist*

Learn more about the various types of arthritis, current treatment options and what's new in research. Discover what you can do to manage symptoms and pain. **Presented in Cantonese and Mandarin only.**

**Date:** Saturday, July 26

**Time:** 10:30am to 12:30pm

**Location:** Thompson Community Centre  
5151 Granville Ave., Richmond

**Space is limited! To register,  
call 604-875-5002 (Cantonese)  
or 604-714-5550 (English)**

**WE HAVE ARTHRITIS  
IT DOESN'T HAVE US**

