

CCMS BC 2025 NEWSLETTER



WHAT'S NEW AT CCMS BC:

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2025**

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Workshop**

CME

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PRESIDENTIAL ADDRESS

By Dr. Joanne Jia

On behalf of all of us at the Chinese Canadian Medical Society of BC (CCMSBC), we extend our warmest wishes for a joyful holiday season and a prosperous New Year.

As we reflect on the past year, we are filled with immense gratitude for the tireless dedication you have shown to our community. From your participation in our annual Health Fair and community seminars to your invaluable support for other public education activities, your efforts have truly shaped the health and well-being of British Columbians. We are especially proud of how our members continue to bridge cultural gaps, offering compassionate care in Cantonese and Mandarin and mentoring the next generation of medical students through our mentorship programs and scholarships.

PRESIDENTIAL ADDRESS

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The strength of CCMSBC lies in our fellowship. Whether we are collaborating on Continuing Medical Education (CME) or celebrating together at our annual Gala, it is your commitment to excellence and heritage that defines us.

As the year draws to a close, we hope this season brings you a well-deserved chance to rest, rejuvenate, and enjoy precious time with your loved ones. We look forward to another year of working together to promote healing, advocate for health equity, and serve our vibrant community.

Wishing you good health and happiness in the year ahead!

With gratitude,

Dr. Joanne Jia
President, CCMSBC



ANNOUNCEMENTS



WhatsApp Group for CCMS BC Members!

We have a central WhatsApp group available for all CCMS members to join! It is by email invite only, so please check your email soon for an exclusive invite!

UPCOMING CME's

Don't miss our CMEs! Please keep your email address up to date by contacting our Executive Assistant, **Miss Karen Cheng**

kchengccms@gmail.com



CCMS 2025 GALA & AGM



The CCMSBC 40th anniversary GALA was held in person on June 14, 2025 at the UBC University Golf Club. Once again, the gala was a successful and enjoyable event, hosting one hundred and fifty guests. This included honorary guests from the Doctors of BC, SUCCESS, Chinese Canadian Dental Society of BC, as well as friends and families from the community.

We were honoured to have our VIP guests—Dr. Charlene Lui, President of Doctors of BC; Ms. Queenie Choo, CEO of SUCCESS; and Dr. Joanne Jia, President of CCMS—address the audience. They shared their appreciation for CCMSBC’s continued efforts in promoting professionalism, collegiality, and meaningful connections within the medical community and beyond.

Guests were treated to a vibrant program of performances by medical residents and CCMS board members, as well as an energetic showcase by championship-winning Latin dancers Alexey and Jane. A special highlight of the evening was the inaugural performance by the newly formed CCMS Choir. We had a delightful buffet dinner, exciting prize giveaways, live music, and dance.

Please check out more photos from our gallery (courtesy of our photographer):

<https://www.dropbox.com/scl/fo/le8tj9tmib5hcadyaxiq9/ALGRW8ymgEZRAsmyYe3qRXY?rlkey=w5v6zz8ofug4ub9p01kwtmumt&e=1&st=lii3thz&dl=0>

健康一日談 2025

Health Lectures • Screenings • Exhibition

10月05日 週日 10點 - 4:00點

28 West Pender St, V6B 1R3

S.U.C.C.E.S.S. Head Office

無需報名，費用全免

更多資訊及直播链接

✉ healthfair@success.bc.ca

☎ 604-408-7260

🌐 <http://linktr.ee/healthfair>



Health Fair 2025 was successfully held on Sunday, October 5, 2025, at the S.U.C.C.E.S.S. Headquarters, continuing a shared commitment to advancing health awareness, disease prevention, and health equity within the Chinese-speaking community. Building on the success of previous years, the event reached over 800 participants through both in-person attendance and online engagement, supported by many volunteers.

The program featured six health education seminars delivered by healthcare professionals, with four sessions in Cantonese and two in Mandarin. Topics reflected key areas of community need, including cardiovascular disease, brain health and dementia care, healthy diet and nutrition, estrogen and women's health, epistaxis and dental health. All seminars were live-streamed via Zoom and YouTube to maximize accessibility.

CCMS played a central role in the exhibition component by hosting blood pressure and blood glucose screening booths. These preventive health services were highly valued by the public, with many participants expressing strong appreciation for the opportunity to receive convenient screenings and health advice. In total, 13 community and health-related organizations participated in the exhibition area, offering attendees access to health information, community resources, and direct engagement with healthcare professionals.



Dr. Yuanyuan Chen

HEALTH FAIR 2025

國粵語講座時間表 Schedule

Time 時間	Topic 題目	Speaker 講者
10:30	心臟知多啲 - 粵語 Heart Update 2025 - Cantonese	陳兆謙醫生 Dr. Siu Him Chan
11:15	腦部健康和腦退化的護理 - 粵語 Brain Health and Dementia Care - Cantonese	黃耀明醫生 Dr. Roger Wong
12:00	開幕典禮 Opening Ceremony	
12:50	牙咬kick kick聲, 點算 - 粵語 A jaw clicking sound - Cantonese	吳柏恩醫生 Dr. Samson Ng
13:35	「精明」健康飲食指南 - 粵語 Healthy Eating on a Budget - Cantonese	姚婉芬- 註冊營養師 Amy Yiu - Registered Dietitian
14:20	鼻血: 小麻煩還是大問題? - 國語 Nosebleeds: From Small Scare to Big Care - mandarin	吳文醫生 Dr. Bella Wu
15:05	雌激素與女性健康 - 國語 Estrogen and Women's Health - mandarin	王建渝醫生 Dr. Jenny Wang

Health Fair 2025 was collaboratively organized by S.U.C.C.E.S.S., the Chinese Canadian Medical Society of British Columbia (CCMS), and the Chinese Canadian Dental Society of British Columbia (CCDS), with support from the UBC Intercultural Online Health Network (iCON). Outreach through Chinese-language radio, print media, social media, and community networks contributed to strong community participation.

Overall, Health Fair 2025 highlighted the meaningful impact of CCMS members' contributions and reaffirmed the Society's ongoing commitment to community-based, culturally responsive preventive care.



CCMS MENTORSHIP PROGRAM 2025

by Josephine Ma (CCMS BC Class of 2028 Representative)

For the 2025 CCMS Mentorship Program, we matched physician mentors from a range of specialties, including pediatrics, cardiology, general internal medicine, neurology, and family medicine with medical students across all four years. This year, we successfully matched 17 students with mentors. Throughout the program, students were able to build meaningful connections with physicians in their area of interest, gain shadowing opportunities, and learn from mentors on both professional and personal levels. As we begin organizing the 2026 cohort, we hope to expand our network of physician mentors to support the growing interest from medical students seeking mentorship. If you are interested in becoming a mentor for the 2026 CCMS Mentorship Program, please email Josephine at ma41@student.ubc.ca.

CHINESE LANGUAGE WORKSHOP

by Josephine Ma (CCMS BC Class of 2028 Representative)

The CCMS Mandarin and Cantonese Medical Terminology Workshops were held in person this year on November 18th and 25th at the Gordon and Leslie Diamond Health Care Centre. We extend our sincere appreciation to the volunteers who facilitated the sessions: Mandarin – Mindy Yu (MSI1), Joyce Xi (MSI1), Kelly Ye (MSI1), Wendy Cheung (MSI1), and Josephine Ma (MSI2). Cantonese – Wendy Cheung (MSI1), Christina Lam (MSI1), and Josephine Ma (MSI2).

Continuing last year's in-person format, the workshops continued to emphasize active peer-to-peer practice and collaborative learning. A total of 27 medical students participated and were grouped based on their language proficiency. We covered intonation, foundational terminology used in history taking and physical exams, as well as commonly encountered clinical terms and phrases to support future communication with Mandarin- and Cantonese-speaking patients.

To encourage ongoing learning beyond the sessions, we provided students who signed up for the sessions with tri-folds reference guides featuring pronunciation support and English translations, access to a virtual flashcard deck with audio recordings for pronunciation practice, and a list of medical terms tailored for advanced speakers.

Overall, feedback from the attendees was overwhelmingly positive. They valued the low-pressure and supportive atmosphere and the structured approach to mastering essential vocabulary and phrases.

CCMS STUDENT REPS



Chenille Wong
(4th Year Rep)



Lee Wang
(3rd Year Rep)



Josephine Ma
(2nd Year Rep)



Joyce Xi
(1st Year Rep)



CHINESE LANGUAGE WORKSHOPS



CONTINUING MEDICAL EDUCATION 2025

by Dr Brian Wang

Our organization has successfully organized several continuing medical education events this year, drawing a record-breaking level of participation from our members.

This strong engagement reflects the relevance, quality, and practical value of the programs we deliver. With your continued support, we can expand these CME events, and continue providing high-impact educational opportunities that advance clinical knowledge and patient care.



CCMS WEBSITE

by Dr. Ren Yuan

Dr. Ren Yuan led the CCMS website update in 2025 with tremendous support from Dr. Jen Yu and two UBC students - Ms. Britney Yuen and Ms. Vickie Wang. We are pleased to share our new CCMS website (same address as before: <https://ccmsbc.org>)! The site has been migrated from Drupal to WordPress, which is expected to be easier to use, maintain, and back up regularly. All pre-existing content has been safely and completely transferred to the new platform, along with additional updates received in 2025. Many thanks to Britney and Vickie for the hard work during this transition and for their ongoing technical support. We also extend our heartfelt appreciation to Dr. Yu and Mr. Jay Zhao for their many years of dedication to maintaining the CCMS website!

WELCOME TO THE NEW BOARD MEMBERS

INTRODUCING DR JEFFREY WANG

Dr. Jeff (Yun Fan) Wang holds an undergraduate degree in pharmacology from UBC and also completed his Medical Doctorate degree at UBC. He completed his Family Medicine residency at the University of Alberta. In addition to family medicine, he is part of the Burnaby Hospitalist team and is involved in UBC medical student teaching.

He is the medical director of Oasis MD Medical and Skin Care (medical division). He also has a specialized focus and passion for ultrasound guided pain management and musculoskeletal pain treatments at White Oak Pain Clinic as a co-founding physician.

Dr. Wang has a steadfast goal of providing quality preventative care that is patient-centered. This would encompass being personable and compassionate to patients, being present with their patient's needs, and being a medical expert when giving sound advice and treatment.

He is originally from JiangXi China (a place where very spicy food exists) and enjoys weekends playing with his young toddler.



WELCOME TO THE NEW BOARD MEMBERS

INTRODUCING JOYCE XI

Hello! My name is Joyce and I'm excited to be the new first-year medical student representative for CCMS BC!

Prior to starting medical school, I was a student in UBC's Biomedical Engineering undergraduate program. I specialized in Molecular and Cellular Engineering, where I learned about the latest advancements in stem cells and regenerative medicine in applications such as organ transplants. I also completed a co-op term at STEMCELL Technologies, getting hands-on experience in developing cell culture kits for laboratories worldwide.

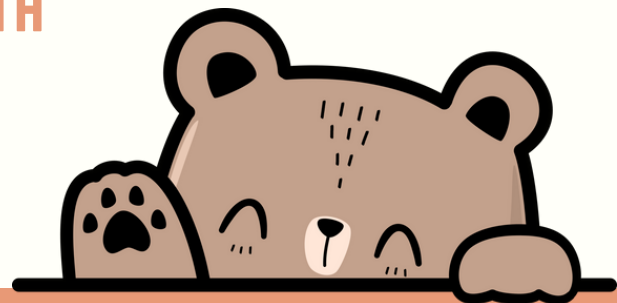
I have been involved in several advocacy activities for people with disabilities, women's health, neurodivergent youth, and Asian representation in literary arts. One of the highlights of my undergraduate years was designing and building a low-cost bionic arm with my engineering design team, which was worn and piloted by a local amputee volunteer.

As a second-generation Chinese Canadian, one of my goals is to serve the community I grew up in through promoting Chinese language skills and encouraging visibility of health issues impacting the Chinese Canadian population.

In my spare time, I love cooking and exploring the BC wilderness with friends and family! Should you have any questions for me or would like to reach out to chat, my email is joycejyx@student.ubc.ca



WE LOOK FORWARD TO WORKING WITH YOU ALL IN THE FUTURE!



CCMS BC SCHOLARSHIPS

by Dr. Jen Yu



Vicky Wang

(2025 CCMS BC Scholarship Awardee)



Katherine Hwang

(2025 CCMS BC Scholarship Awardee)

CCMS BC has a keen interest in fostering the talents of passionate students through a variety of scholarships. Below are the available scholarships and the recent awardees!

CCMS BC Scholarship:

For secondary or post-secondary students demonstrating academic excellence, whose parents are CCMSBC members in good standing. **Deadline for 2026 is April 30, 2026.** Please follow the link at the end to apply!

Scholarships for Medical Students:

- **Jay C. Cheng Memorial Scholarship** (for a 1st year medical student demonstrating interest in cross-cultural medicine) - **\$850**
 - 2024: Sarah Griffin
- **Chinese Canadian Medical Society (B.C.) Scholarship** (for a 2nd year medical student with an interest in rural medicine) - **\$1850**
 - 2024: Emily Jurek
- **Jay C. Cheng Memorial Prize in Psychiatry** (for a 4th year medical student demonstrating academic excellence in Psychiatry) - **\$700**
 - 2023: Amanda Percival

For more details on how to apply and criterion for application, please refer to our website:
<https://ccmsbc.org/awards>